

Integrative Medical Specialist Teofilo Sanchez, MD Provides Services for the Greater San Antonio

Get to know Integrative Medical Specialist Dr. Teofilo Sanchez, who serves the San Antonio, Texas area at his private practice, Alamo Ranch Integrative Medicine and several local hospitals.



New York, Feb 27, 2019 (Issuewire.com) - In addition to his private practice, Dr. Sanchez serves as the ER Director of Southwest General Hospital, in San Antonio, Texas as well as the EMS Director of Kinney and Val Verde Counties in Texas. He endeavors to create a practice environment and

philosophy of healing for each and every one of his patients. He aims to treat the whole family with a variety of top-notch medical techniques and technologies.

Alamo Ranch Integrative Medicine is the pursuit and achievement of ideal health by seeking and reversing the causes of illness. It is the use of nutrition, novel diagnostic testing, and lifestyle to improve our health far beyond the simple reduction of symptoms. Dr. Sanchez has worked with his Physician Assistants for more than 5 years and they have adapted to his philosophy and medical style. Alamo Ranch Integrative Medicine is a customer-driven clinic. We realize your time is valuable and respect it. Their goal is to provide our clients with a multitude of services for personalized care. Their patient-centered team approach will provide individualized patient care that focuses on your health and wellbeing. They believe the key to a long healthy youthful life is maintaining your vitality. They are dedicated to Anti-aging and preventative care to educate, empower and excite a healthy youthful you.

Dr. Sanchez graduated with a Bachelor's Degree in Biology from Incarnate Word in San Antonio. He then earned his medical degree from the University of Texas in Houston and graduated in 2000. Dr. Sanchez completed a residency in family medicine in 2005. He has become a board-certified Fellow in anti-aging medicine with the American Academy of Anti-Aging Medicine.

Dr. Sanchez stays current in the field through his memberships in prestigious medical organizations. He is a professional member of the The International Association for Physicians in Aesthetic Medicine and the National Association of EMS Physicians. Using his expertise and skills, Dr. Sanchez is able to reach a wide range of diverse patients.

As an integrative medicine specialist, Dr. Sanchez employs an approach to care that puts the patient at the center and addresses the full range of physical, emotional, mental, social, spiritual and environmental influences that affect a person's health. Employing a personalized strategy that considers the patient's unique conditions, needs, and circumstances, it uses the most appropriate interventions from an array of scientific disciplines to heal illness and disease and help people regain and maintain optimum health.

Dr. Sanchez strives to understand the body, the mind, and the spirit as well as the interplay of all the hormones and systems to facilitate the body's ability to heal itself. He consistently stays updated on the latest medical options, which allows him to give his patients the best possible advice and treatment.

Learn More About Dr. Teofilo Sanchez:

Through his FindATopDoc.com Profile: <https://www.findatopdoc.com/doctor/2096090-Teofilo-Sanchez-family-practitioner-San-Antonio-TX-78212>. He can also be reached via his clinic's website: <http://arim-sa.com>. His phone number is 210-225-8904. Dr. Sanchez is based out of San Antonio, Texas.

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