

Colin David Runge, LPC, LAC, Licensed Counselor with Liberty Counseling

Get to know Licensed Counselor Colin David Runge, who serves the population of Colorado.



New York City, Mar 25, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Colin David Runge currently practices within his private practice Liberty Counseling, where he has expertise in Male Issues, Drug and Alcohol, Coping Skills, Emotional Disturbances, CBT, and Psychodynamics.

Colin advocates a well-rounded lifestyle as a professional counselor and in his personal life, and believes that overcoming any life problem requires a lifestyle change. Colin has a wide range of mental health competencies, and uses empirically based - or scientifically proven - methods. Hours are set to most convenience his client's and only a limited number of clients are accepted at one time in order to commit to their progress.

Colin primarily specializes in males, but is absolutely qualified and open to working with females in all of his capacities as well. His rationale for supplementary training in males comes from the understanding that males tend to exhibit mental health symptoms differently than females. Colin also utilizes video therapy as an option for his clients.

Colin graduated with a Bachelors Degree in Psychology and Sociology from the Jacksonville University in 2013. Furthering his education he graduated with honors with his Master's degree from Hawai'i Pacific University in 2015. He holds additional certification as a Licensed Professional Counselor and Licensed Addiction Counselor. Additionally, he is part of the Psi Chi National Honor Society.

Colin attributes his professional success to both positive and negative relationships, experience in the field, and having a great education. Colin is a partner at an ever growing practice with many options for therapists if he isn't the right person for you. Additionally, the Liberty practice believes in working with the system, and families commonly come in to meet with each of their own counselors in the same office. Contact him and see if Liberty is the right practice for you and/or your family.

Learn More about Colin David Runge:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81307947-Colin-Runge-Counselor-Therapist>

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