

Mark Mashike, DC, Sports Chiropractor with Results Chiropractic

Get to know Sports Chiropractor Mark Mashike, who serves patients in San Diego, California.



New York City, Mar 7, 2019 (Issuewire.com) - Dr. Mashike is a graduate of New York State Excelsior Regents College in Albany, New York and attended The Ohio State University. He is a graduate of Life University School of Chiropractic in Marietta, Georgia.

Having more than 20 years of experience in chiropractic sports medicine. Dr. Mashike currently

practices as a sports chiropractor with Results Chiropractic in San Diego, California. He treats all types of sports injuries, disc pathologies, and arthritis pain. Furthermore, his goal is to reduce patients' pain and discomfort through state-of-the-art spinal manipulation and spinal adjustment.

Results Chiropractic in San Diego, California provides general, family and sports chiropractic care and education in an unhurried, state-of-the-art environment. Their goal is to give the best chiropractic care without compromise, which means you will be seen quickly with full and undivided attention. Results Chiropractic offers all the normal chiropractic services such as exams, adjustments, physical therapy and emergency chiropractic care, as well as specialty work in spinal disc decompression, carpal tunnel therapy, and plantar fasciitis correction.

Chiropractic is a form of alternative medicine that deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A sports chiropractor is a highly qualified doctor who uses various physical techniques and therapies to treat patients with health problems of the neuromusculoskeletal system, which includes the nerves, muscles, bones, ligaments, and tendons. They frequently advise their patients on lifestyle changes that can improve their functionality, health, as well as the quality of life.

Learn More about Dr. Mark Mashike:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1665334-Mark-Mashike-chiropractor-San-Diego-CA-92130>, or through Results Chiropractic, <http://resultschiropracticdc.com>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide on your journey towards optimal health by providing you with the know how to make informed decisions for you and your family.

Media Contact

FindATopDoc

sarah@findatopdoc.com

Source : Mark Mashike, DC

See on IssueWire : <https://www.issuewire.com/mark-mashike-dc-sports-chiropractor-with-results-chiropractic-1627359683661801>