

Sahba E. Maani, MD, Pulmonologist with WakeMed Physicians Practices - Pulmonology & Sleep Medicine

Get to know Pulmonologist Sahba E. Maani, who serves patients in Cary, North Carolina.



New York City, Mar 8, 2019 (IssueWire.com) - Having more than 30 years of experience in his field, Dr. Maani currently practices as a pulmonologist with WakeMed Physicians Practice - Pulmonology & Sleep Medicine in Cary, North Carolina. WakeMed Physicians Practice - Pulmonology & Sleep Medicine treat a wide range of respiratory and lung conditions to enhance their patients' respiratory health:

- Chronic Obstructive Pulmonary Disease (COPD) / Emphysema
- Sleep Medicine
- Asthma
- Pulmonary Hypertension
- Obstructive Sleep Apnea and Other Sleep Disorders
- Lung Nodules and Other Lung Radiographic Abnormalities
- Lung Masses, Obstruction, and Lung Cancer
- Mediastinal Lymphadenopathy
- Interstitial and Occupational Lung Disease
- Effusions and other Pleural Disease

He is also affiliated with the Pulmonary Institute of Arizona in Tucson, Arizona. His approach to patient care is holistic, taking into consideration not just the patient's symptoms, but also mental and social factors. Dr. Maani earned his medical degree in 1984 from the Ohio State University College of Medicine in Columbus, Ohio.

After earning his medical degree, Dr. Maani went on to complete an internship in Internal Medicine at the Medical College of Ohio in Toledo, Ohio. He then went on to complete his residency in Internal Medicine at Riverside Methodist Hospitals in Columbus, Ohio, followed by his fellowship training in Pulmonary & Critical Care Medicine at the University of Arizona Health Science Center in Tucson, Arizona. Dr. Maani is board certified in Pulmonary Medicine, Internal Medicine, and Critical Care Medicine by the American Board of Internal Medicine.

Since its founding in 1936 to answer a public call to establish more uniform standards for physicians, Certification by the American Board of Internal Medicine (ABIM) has stood for the highest standard in internal medicine and its 20 subspecialties. Certification has meant that internists have demonstrated – to their peers and to the public – that they have the clinical judgment, skills and attitudes essential for the delivery of excellent patient care.

Furthermore, he holds professional memberships with the American College of Chest Physicians, Health for Humanity, the National Ayurvedic Medical Association, and the Institute for Functional Medicine.

Pulmonology is a medical speciality that deals with diseases involving the respiratory tract. A pulmonologist is certified to treat a variety of respiratory conditions, including chronic obstructive pulmonary disease (COPD), cystic fibrosis, lung cancer, sleep apnea, emphysema, and tuberculosis. They can draw on a number of therapies to treat these diseases, including antibiotics, steroids, and other medications.

In his spare time, he enjoys playing tennis, practicing yoga, and traveling internationally.

Learn More about Dr. Sahba E. Maani:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/456628-Sahba-Maani-pulmonologist-Tucson-AZ-85712> or through WakeMed Physicians Practices - Pulmonology & Sleep Medicine, <https://www.wakemed.org/dr-sahba-maani-md-pulmonology>

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