

Alec L. Miller, Psy.D, Psychologist with Cognitive and Behavioral Consultants, LLP

Get to know Psychologist Dr. Alec L. Miller, who serves the population of New York.



New York City, Apr 17, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Alec L. Miller is the Co-Founder and Clinical Director of Cognitive and Behavioral Consultants, LLP. He holds expertise in the treatment of anxiety and mood disorders, stress management, borderline personality disorder, as well as suicidal and non-suicidal self-injurious behaviors.

CBC is a group of internationally recognized mental health professionals who have researched, pioneered, and are highly experienced in delivering cutting edge treatments that help adults, adolescents, and children live more fulfilled lives. Founded in 2004 by Drs. Lata K. McGinn and Alec L. Miller, leaders in the fields of Cognitive Behavioral Therapy and Dialectical Behavioral Therapy, the CBC team provides a large array of Clinical and Wellness services to the public and builds on this methodology to provide Custom Designed Programs for schools, agencies, and businesses, and Continuing Education For Professionals in the field of psychology.

Additionally, Dr. Miller is a Clinical Professor of Psychiatry and Behavioral Sciences, at Montefiore Medical Center/Albert Einstein College of Medicine. Dr. Miller served as Chief, Child and Adolescent Psychology, Director, Adolescent Depression, and Suicide Program, and Associate Director, Psychology Internship Training Program. He was also Director of Mental Health Services at PS 8 School-Health Program.

Dr. Miller completed his undergraduate degree from the University of Michigan where he earned his Bachelor of Arts. Furthering his education, he graduated with his Ph.D. in clinical psychology from the Ferkauf Graduate School of Psychology of Yeshiva University.

Since 1995, Dr. Miller has headed a clinical-research team adapting Dialectical Behavioral Therapy for outpatient suicidal multi-problem adolescents, as well as contributing to the adaptation of Dialectical Behavioral Therapy for other populations and settings. He has received federal, state, and private funding for his research and has been an invited member of the National Institute of Mental Health consensus meetings regarding adolescent suicide.

Dr. Miller has authored or co-authored over 90 peer-reviewed journal articles and book chapters and has conducted over 600 lectures and workshops worldwide.

To stay up to date in his field, he has been inducted as a Fellow of the American Psychological Association in both Clinical Psychology and Clinical Child and Adolescent Psychology and is a Fellow of the Association for Behavioral and Cognitive Therapies. Additionally, he is a Board Member of Project375, whose mission is to change the way people think about mental health through conversation, education, and inspiration.

Learn More about Dr. Alec L. Miller:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3070928-Alec-Miller-Psychologist>
Through his website, <http://www.drAlecMiller.com/>

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