

## **Anna Pudinak, MD, Family Practitioner with AP Health**

Get to know Family Practitioner Dr. Anna Pudinak, who serves the population of Clifton, New Jersey.



**New York City, Apr 17, 2019 ([IssueWire.com](http://www.IssueWire.com))** - Board certified Family Practitioner Dr Anna Pudinak with AP Health, her private practice. Family medicine is the medical specialty which is concerned with the total health care of the individual and the family. It is the specialty in breadth which integrates the biological, clinical, and behavioural sciences. The scope of family medicine is not limited by age, sex, organ system, or disease entity. Dr Pudinak has a specialization in dermatology and an experience treating multiple skin problems.

Dr Pudinak's patients have excellent experiences with her, one stating, "As a new patient, I found Dr Pudinak to possess amazing listening skills along with the ability to address each and every concern I discussed with her. Having Dr Pudinak as my new primary care physician opens up a fresh new outlook on life for me. I look forward to working with Dr Pudinak as I continue on the road to better health!"

Dr Pudinak graduated with her Medical Degree from Krasnoyarsk State Medical Academy in 1995, giving her over two decades of experience in her field. After obtaining her medical degree she relocated to the United States and completed her Family Medicine residency from St. Joseph's University Medical Center.

Dr Pudinak is certified by the American Board of Family Medicine. ABFM is a not-for-profit, private organization whose mission is to improve the health of the public through Board Certification, Residency Training, Research, Leadership Development, and promoting the development of the specialty of Family Medicine. ABFM's primary role is to support family physicians who are committed to achieving excellence in improving the health of their patients, their families, and their communities. Certification is voluntary, requires attaining high standards and a lifelong commitment to learning and professional development.

When not working, she enjoys Swimming, Spending Time with Family and Her Dog, and Traveling.

### **Learn More about Dr Anna Pudinak:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/303161-Anna-Pudinak-Family-Practitioner> Through her Private Practice, <http://www.annapudinak.com/>

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## **Media Contact**

Your Health Contact

clientservice@yourhealthcontact.com

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