

Chris L. Petersen, DPT, Doctor of Physical Therapy with CP Physical Therapy

Get to know Doctor of Physical Therapy Dr. Chris L. Petersen, who serves patients in Fremont, Nebraska.



New York City, Apr 22, 2019 (Issuewire.com) - Dr. Petersen is a Doctor of Physical Therapy (DPT) who is currently serving patients at his own private practice - CP Physical Therapy - located in Fremont, Nebraska. CP Physical Therapy offers a full range of physical therapy and orthopaedic rehabilitation services to patients of a wide range of ages and lifestyles in Fremont and surrounding areas. Their services include, but are not limited to: sports medicine, post-surgical rehabilitation, workers' compensation and industrial rehabilitation, treatment of orthopaedic conditions, lymphedema management, joint and muscle pain management, and balance disorders.

Before opening his own private practice, Dr. Petersen practiced his craft at a few different physical therapy clinics in Nebraska. He now lives in Valley, Nebraska with his wife Erin who works in radiology

and his two sons 8-year old Brody and 6-month old Rigley. Even though he commutes to work, he holds strong ties to the Fremont area and surrounding rural town communities.

Growing up, Dr. Petersen always had a keen interest in why the human body operates in the manner it does. During his undergrad at Creighton University, he quickly realized studying the movements and operations of the human body was his passion. “A few of my most enjoyable courses were anatomy and physiology. I loved anatomy, it was one of those things where I could study it, I could understand it and I could apply it – I just got it. My teacher, who is a Fremont native, taught it in a way that stuck with me, it never let go” said Dr. Petersen. In 2007, he graduated from Creighton University’s Physical Therapy Program.

Dr. Petersen is a member of the American Physical Therapy Association, and is dedicated to staying up to date with the latest research and education allowing for advanced patient care. Dr. Petersen is also passionate about his job, but he is equally passionate about people. One of his favorite things about his work is the interactions and relationships he builds with his patients.

Physical therapy (PT), also known as physiotherapy, uses mechanical force and movements (bio-mechanics or kinesiology), manual therapy, exercise therapy, and electrotherapy, to remedy impairments and to promote mobility and function. This type of therapy is used to improve a patient’s quality of life through examination, diagnosis, prognosis, physical intervention, and patient education. As a DPT, Dr. Petersen takes the time to get to know his patients, their lifestyle and priorities, as well as their goals for treatment in order to design a highly individualized program to help them regain and improve their quality of life. His patients have excellent things to say about him. One stated, “My daughter sprained her ankle very badly just weeks before her high school dance competition and was absolutely crushed. Chris was instrumental in keeping her spirits up and helping to get her back on the dance floor quickly.”

Learn More about Dr. Chris L. Petersen:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2627138-Chris-Petersen-physical-therapist-Fremont-NE-68025> or through CP Physical Therapy, <https://cpphysicaltherapy.com/>

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