

Cynthia M. Gallant, Licensed in Massage Therapy & Acupuncture Serves Patients in the South Boston

Get to know Ms. Gallant, a highly respected and well regarded expert in Holistic Health & Acupuncture.



New York City, Apr 4, 2019 (Issuewire.com) - Cynthia's credentials are impressive. She earned a Bachelor's Degree in Biology from Boston University from 1990-1994. She was certified by the Charles

River School Institute for Healing and Inner Arts in the study of Zen Shiatsu. She became a Certified Practitioner of Asian Bodywork Therapies and Zen Shiatsu Therapist.

The Masunaga Zen Shiatsu Japanese style was developed as a root treatment to harmonize the excess and deficiencies in the body utilizing the Zang Fu meridian/channels in the body and the hara to unblock chi and to promote health. Shiatsu means "finger pressure" and has evolved over the years from Am-ma which means push-pull massage technique.

The next step in her journey was her acceptance into the New England School of Acupuncture where she studied Japanese and Chinese Style Acupuncture from 2009-2014.

She received her doctorate license of acupuncture from the Department of Health in RI, and licensed in acupuncture by the MA Board of Medicine and licensed in massage by the MA Board of Massage Therapy.

Her career has led her to gain invaluable experience in health and wellness. For nearly seven years, Cynthia was employed as Laboratory Manager, Lab Safety Coordinator and Research Associate at Boston University.

In addition to her own educational endeavours, Cynthia applied her skills in the Community Affiliated Outreach Program at the Tufts Medical Center in Boston, MA. She provided the best quality Acupuncture and Massage Care to Cancer Patients in the Hematology and Oncology Department while conducting Clinical Case Reviews.

For nearly four years, Cynthia practised at South Boston Yoga promoting health and freedom of movement!.

For the last three years through the present, Cynthia practices at Water House Wellness in Arlington, MA where she has built long last relationships with her clients.

She also practices at Serenity in the City Salon & Spa, in Medford, MA. Serenity is a beautiful and relaxing Spa in Medford, MA where Cynthia work in the luxurious Himalayan salt room with heated floors to accent a total feel of bliss with all the benefits of a Clinical Acupuncture or AcuMassage combination treatment.

This past year, Cynthia was listed as "Top Doctor of 2018" based on certified patient reviews in Arlington and Medford and can be found on the International Doctor's website Find a Doctor and part of the, International Association of Healthcare Professionals. Currently, Cynthia is on faculty staff as a part-time guest speaker at the Mass College of Pharmacy instructing student nurses on clinical uses of acupuncture for a cognitive vascular decline in elderly patients.

Her knowledge of Acupuncture with Biomedicine took her to Dublin, Ireland where she gave an International presentation through the 9th International Conference on Acupuncture & Chinese Medicine ~ EuroSciCon and published with the Acupuncture Congress 2018, Herbal Medicine: Open Access on "The uses of acupuncture in the hospital setting for symptom management in patients with breast cancer," recognized by the British Academy of Continuing Medical Education. [Click here to read the abstract.](#)

Cynthia was honoured to be invited by The Museum of Fine Art Boston, MA to give a lecture on "Acupuncture, a pointed approach to healing."

Cynthia's background includes Taekwondo. This helped her understand body mechanics and muscle synergy, where she formally trained at Boston University under Mass Collegiate Taekwondo Association and became a US National 2nd degree Black Belt Taekwondo Forms Champion. She has also trained with Master Bow Sim Mark at the Chinese Wushu Research Institute in Boston Chinatown giving Tai Chi demonstrations and studied Medical Qigong under Grandmaster Zhang Yuangming.

Learn more about Cynthia Gallant:

From her FindaTopDoc.com profile page: <https://www.findatopdoc.com/doctor/1855940-Cynthia-Gallant-Acupuncturist>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide on your journey towards optimal health by providing you with the know how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Cynthia M. Gallant

See on IssueWire : <https://www.issuewire.com/cynthia-m-gallant-licensed-in-massage-therapy-acupuncture-serves-patients-in-the-south-boston-1629888989393842>