

# **A Novel Concept for Living Life Introduced in New Book**

A guide to a happier, more peaceful, rewarding, and meaningful life



**Discover Your TRUE Self  
and Live Your  
BEST Life TODAY!**

Introducing a NEW Concept  
for Living Life on Earth

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NIROMA DE ZOYSA

**Pittsburg, May 28, 2019 ([IssueWire.com](http://IssueWire.com))** - Niroma De Zoysa's *Discover Your True Self and Live Your Best Life Today!* is a self-help book, which guides readers on the path to a happier, peaceful, satisfying, and rewarding life in these present times.

The book aims to motivate readers to discover their true potential and to live a healthy and balanced life on purpose. Niroma believes that if we understand the concept, embrace it and decide to follow it, this could be achieved. This self-help book is equipped with practical information and valuable insights on how to retain your internal balance when anything and everything around you has gone out of balance.

Niroma's work will be exhibited at the BookExpo + BookCon 2019, to be held at the Jacob Javits Center, New York City, this coming May 29 to 31 and June 1 and 2, 2019, at the Authors Press Booth # 1667. To get the latest update on authors, like and follow Authors Press on Facebook, Instagram, and Twitter.

**[Discover Your True Self and Live Your Best Life Today!](#)**

Written by Niroma De Zoysa

Kindle | \$3.99

Paperback | \$13.99

Hardcover | \$27.94

Book copies are available at [Authors Press](#), [Amazon](#), [Barnes & Noble](#), and other online book retailers.

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## SELF-IMPROVEMENT

With corruption rampant, natural disasters commonplace, and solid values hard to find, it's easy to get discouraged as you live your daily life.

But it's possible to regain your internal balance and live a happy, peaceful, and meaningful life. It begins by asking the right questions, such as:

- What does happiness mean to you?
- Are you living up to your fullest potential?
- Have you identified your natural gifts and talents?
- Do you know your purpose on earth?

Niroma De Zoysa, a life coach and counselor, helps you find the answers to these questions and many more in this practical guide.

With her help, you'll be equipped to consciously choose partnerships, relationships, projects, and activities that help you move forward. By doing so, you'll be able to live your very best life right now.

Your time on earth is precious, which is why it's essential to take proactive steps to *Discover Your TRUE Self and Live Your BEST Life TODAY!*



successes, achievements, and her failures—have helped her to light a candle in the dark.

**NIROMA DE ZOYSA** is an experienced life coach; career/work counselor; and an adult teacher, trainer, and facilitator living in Toronto, Canada. Her mission is to empower, inspire, and motivate individuals to become their very best by discovering their true potential. She believes all she has done up to this point—her successes, achievements, and her failures—have helped her to light a candle in the dark.



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