

Myung Chan Seo, M.S., L.Ac , Acupuncturist with Thomas Acupuncture & Wellness

Get to know Acupuncturist Dr. Myung Chan Seo, who serves the population of Virginia.

New York City, May 25, 2019 (IssueWire.com) - Myung C. Seo is an acupuncturist practising in Vienna, VA with Thomas Acupuncture & Wellness. Their clinic specializes in colon and lymphatic detox by emphasizing on fitting to the individual needs. They also offer a comprehensive food consultation and the treatment for their patients. Their goal is to help you have a healthy and happy life, by treating the root cause of the illness or problem.

Myung evaluates and treats patients based on the concepts of integrative medicine. Dr Myung Chan Seo developed "CoLymph Detox" treatment uniquely designed to clean the colon and lymphatic system. CoLymph detox is performed to cleanse and remove toxins from intestines and lymphatic system, which lessen the risk of reabsorption of toxins and keep a low level of inflammation in joints and muscle to reduce pain. Then, Myung completes his evaluations by getting a patient history and looking at and touching the body. Myung also views nutrition in a complex light that certain foods are considered to cause inflammation, while others are prized for their ability to restore the body and treatment is provided accordingly with the patient's needs.

Many of the body's systems respond to acupuncture, and it can treat physical pain as well as emotional stress.

Myung graduated with his Master of Science in Acupuncture from the Tri-State College of Acupuncture in 2006, giving his over a decade of experience in his field. Additionally, he holds National Certification from the Commission for Acupuncture and Oriental Medicine.

Acupuncture treatment aids to alleviate stress and depression symptoms by releasing endorphins, the body's own natural painkillers, and improving the circulation of blood and lymphatic fluids which bring fresh oxygen to body tissues. This increased oxygen flow eliminates waste products from inside the body and enhances recovery from diseases.

According to recent studies, acupuncture treatment can also help to decrease the stress hormone cortisol, lower blood pressure, a digestive condition, reduce the heart rate, and relax muscle tissue. Acupuncture is a valuable adjunct therapy for those suffering from mental health disorders. Acupuncture keeps the flow of energy unblocked, and individualized treatment and holistic approach, acupuncture practitioners consequently treat the true source of the depression.

Learn More about Dr Myung Chan Seo:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2492115-Myung-c-Seo-Acupuncturist> Through Thomas Acupuncture & Wellness <https://www.thomaspaincare.com/>

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