

## Seven Ways to Spritual Evolution

Enlightenment is only seven steps away with this new guide by acclaimed life coach and spiritual leader.



# SOULS from MERCURY

## RAJU RAMANATHAN



**Pittsburg, May 24, 2019 (**<u>Issuewire.com</u>) - You'd think that after two million years of evolution, we'd finally get it right. But what if that wasn't the goal all along? What if we don't need to evolve to be more human, but we evolve to be *more*?

In <u>Souls from Mercury</u>, world-renowned yogi and spiritualist Raju Ramanathan aim to teach us to achieve enlightenment by reintroducing ancient wisdom our generation has forgotten. Following the seven stages laid out in this book and meditating with mindfulness, Yogi Raju hopes to guide us to be aware of our inner vastness, letting our chakra flow freely, and finally attaining enlightenment. The question-and-answer format the book is written it is easy to follow and is applicable for both beginners and veterans of the mindful spiritual life.

Visit <u>www.rajuramanathan.com</u> to read more about the author and his books.

Raju's work will be exhibited at the BookExpo + BookCon 2019, to be held at the Jacob Javits Center, New York City, this coming May 29 to 31 and June 1 and 2, 2019. Meet the author in person and have your book signed by Raju himself during his Book Signing scheduled on the 2nd of June from 2 PM to 5 PM at the Authors Press Booth # 1667. To get the latest update on authors, like and follow Authors Press on Facebook, Instagram, and Twitter.

### Souls from Mercury

Written by Raju Ramanathan

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