

Molly Clark, Family Nurse Practitioner with Sterling Medical Center

Get to know Family Nurse Practitioner Molly Clark, who serves patients in Sterling Heights, Michigan.







New York City, Jun 29, 2019 (<u>Issuewire.com</u>**)** - Molly is a family nurse practitioner who is currently serving patients at Sterling Medical Center in Sterling Heights, Michigan. The highly trained and experienced medical care providers at Sterling Medical Center offer physical exams, pediatric care, urgent care, and treatment for conditions and concerns of both children and adults. Molly is also affiliated with St. John Macomb-Oakland Hospital in Warren, Michigan.

On average, Molly treats 22 patients a day. She has experience diagnosing and treating all sorts of medical conditions from Hepatitis C, to lacerations requiring sutures, removal of ocular foreign bodies or infant wellness exams. She also enjoys creating a great report with her patients, building relationships of trust and respect, as well as educating her patients on health and wellness, as well as preventative medicine.

Molly began her nursing career right after earning her Bachelor of Science Degree in Nursing from Michigan State University in 2011. She started working on a Pulmonary Step-Down Unit at Northwestern Memorial Hospital. Soon, she was recruited from another top hospital - Rush University Medical Center - where she began working as an orthopedic bedside registered nurse (RN). Molly went on to become the floor's Charge RN and a leader in outcome improvement initiatives. In fact, she helped lead her unit to become the top-rated floor in the entire hospital.

During her 7 years working full-time as a registered nurse at Rush, Molly got accepted into Rush University's nationally ranked DNP program. She began her (almost) 4-year doctoral journey and eventually graduated with high honors as a Family Nurse Practitioner in 2018. Post graduation, Molly wanted to move closer to her family in Michigan, so she decided to start her nursing career in Metro Detroit. Additionally, Molly's research interests include mental health, addiction, management of depression and anxiety, and antibiotic treatment strategies.

Molly chose a career in nursing because she had always loved helping people and learning about the human body and science. The idea of combining her innate desire to connect and help people, as well as acquiring a body of knowledge and critical thinking skills that would allow her to care for others, was her dream job. She was drawn to nursing due to the holistic patient care approach, the focus on health and wellness, and the ability to take her career to the doctorate level.

Molly attributes her success to her hunger for learning and always wanting to figure out solutions or problems. She also attributes her success to her humility to ask for help and learn from others, her genuine compassion for bettering the lives of others, as well as her desire to work towards being one of the best in her line of work.

When asked what motivates her at the start of each day, Molly answered that she is motivated by the chance to meet new patients, work to connect with them, and earn their trust and respect as their doctor.

Molly strives to make a difference in the lives of her patients by listening to them, as well as giving them the time, attention, and care they deserve. She remains dedicated to utilizing the latest evidence-based practice or guidelines in her patient care, with an aim to achieve positive patient satisfaction and outcomes.

Family Nurse Practitioners (FNP), like Molly, are advanced practice registered nurses who work autonomously or in collaboration with other healthcare professionals to deliver family-focused care. FNPs offer a wide range of healthcare services that revolve around the family unit; from health promotion and disease prevention to direct care and counseling across the lifespan.



Molly was born in Lansing, Michigan. In her spare time, she loves being active and playing all kinds of sports. She also enjoys cheering on her Michigan State Spartans and playing with her cat, Tinker. Molly is a very upbeat, social, warm person who will listen to her patients' needs and do all that she can to give them the best medical care possible.

Learn More about Molly Clark:

Through her online profile, <u>https://todaysnurse.org/network/index.php?do=/4143694/info/</u>

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