

Kemesha Delisser, MD, MBA, Pain Management Specialist with National Spine and Pain Centers

Get to know Pain Management Specialist Dr. Kemesha Delisser, who serves patients in Arlington, Virginia.



New York City, Jul 12, 2019 (<u>Issuewire.com</u>**)** - Dr Delisser is a pain management specialist who is currently serving patients at National Spine and Pain Centers (NSPC) in Arlington, Virginia. The doctors working at NSPC use a variety of treatment options to resolve patients' pain without surgery. The mission of the practice is "to relieve pain and improve quality of life through personalized, accessible care. We value our patients and our referral sources, and we are committed to being the best in everything that we accomplish."

Dr Delisser is board-certified in physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation. This is accomplished through a process of certification and maintenance of certification that fosters excellence and encourages continuous learning.

Dr Delisser's active memberships include the American Society of Interventional Pain Management, the American Academy of Pain Management, the International Spine Intervention Society, and the North American Spine Society.



A sensible and thoughtful practitioner, Dr Delisser treats every patient as unique and tailors treatment plans for their specific needs. Her patients have excellent things to say about her, one stating "Dr Delisser is the most caring, compassionate, competent, skilful, honest, thorough and professional pain management physician I have had and I have had many going back to 2006. She is truly a life saver for me and keeps me hopeful and positive."

Dr Delisser is expertly trained in fluoroscopic (x-ray) and ultrasound-guided therapies, including joint and tendon injections, epidural and peripheral nerve blocks, botulinum toxin injections, facet joint injections, discography, spinal cord stimulation trials, ganglionic sympathetic blocks, and radiofrequency denervation. Determined to bring the best for her patients, she continues to investigate and learn new breakthrough treatments.

Dr Delisser earned her Bachelor of Science degree from Princeton University, followed by her medical degree from Icahn School of Medicine at Mount Sinai in 2007. She then went on to complete her residency and internship in physical medicine and rehabilitation at Icahn School of Medicine at Mount Sinai, followed by her fellowship training in interventional spine medicine at the Stanford University Hospital Department of Orthopedic Surgery. Outside of the office, Dr Delisser enjoys competitive sports, dance, and international travel.

Pain medicine is a medical specialty that focuses on the evaluation, treatment, and prevention of pain. A pain management specialist, also known as a pain doctor or a pain specialist, is a medical doctor or doctor of osteopathy who specializes in pain medicine. They specialize in the management of pain as a symptom of the disease (eudynia) and primary pain disorders (maldynia). Furthermore, they treat patients who experience pain related to a specific cause (e.g., cancer pain, injury, postoperative pain) and patients who suffer pain as a primary condition (e.g., frequent headaches, neuropathic pain).

Learn More about Dr Kemesha Delisser:

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/2517715-Kemesha-Delisser-Physiatrist-Physical-Medicine or through National Spine and Pain Centers, https://treatingpain.com/medical-staff/kemesha-delisser-md

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com



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