

Tejaskumar B. Patel, MD, a Psychiatrist with Surya Psychiatric Clinic, PLLC

Get to know Psychiatrist Dr. Tejaskumar B. Patel, who serves patients in Tucson, Arizona.



New York City, Jul 25, 2019 (Issuewire.com) - Dr Patel is a board-certified psychiatrist whose goal is to provide comprehensive, compassionate, and individualized care to individuals struggling with mood disorders, anxiety disorders, PTSD, schizophrenia, and more.

Dr Patel is currently serving patients at Surya Psychiatric Clinic, PLLC in Tucson, Arizona. Surya

Psychiatric Clinic specializes in a wide range of psychiatric services to get patients feeling healthier. There he specializes in dTMS service as well as medication management, supportive psychotherapy, and forensic evaluations.

“Catering to a holistic approach that Dr Patel firmly believes in; this allows optimizing the standard of care treatment modalities to best suit patient needs and preferences. Dr Patel’s philosophy leans towards utilizing the least amount of psychiatric medication when necessary and introducing alternative modalities like yoga, meditation, supplements, exercise, and a healthy diet” as stated on the practice’s website.

For the last 16 years, Dr Patel has served in a medical director capacity at various inpatient psychiatric units, outpatient psychiatric clinics, intensive outpatient programs, and nursing homes.

Dr Patel specializes in psychosomatic medicine and neuropsychiatry. In addition, he specializes in sleep disorders, which are very common with psychiatric and medical issues.

Dr Patel is a member of the American Psychiatric Association and the Association of American Indian Physicians.

Dr Patel graduated with his medical degree from B. J. Medical College in Ahmedabad, India in 1993. Upon relocating to the United States, he went on to complete his residency in psychiatry at the University of South Dakota Sanford School of Medicine in Vermillion, South Dakota. He also completed his fellowship in liaison psychiatry at Harvard Medical School in Boston, Massachusetts in 2001.

Dr Patel is board-certified in psychiatry, psychosomatic medicine, and sleep medicine by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behaviour, cognition, and perceptions. A psychiatrist, such as Dr Patel, helps patients by evaluating medical and psychosocial conditions, developing and implementing treatment plans, as well as monitoring and evaluating treatment results. He believes in treating patients with holistic, compassionate, and evidence-based treatment modalities.

Learn More about Dr Tejaskumar B. Patel:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2841779-Tejaskumar-Patel-Psychiatrist> or through Surya Psychiatric Clinic, PLLC, <https://suryapsychiatricclinic.com/about/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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