

Mary Pumillo, RN, Home Health Nurse with Montefiore Medical Center

Get to know Home Health Nurse Mary Pumillo, who serves patients in New York City, New York.



New York City, Aug 2, 2019 (IssueWire.com) - Mary is a registered nurse and home health nurse who has been in practice for over 44 years. She currently serves as a Liaison Coordinator in the Joint Replacement Program at Montefiore Medical Center. As the academic medical centre and University Hospital for the Albert Einstein College of Medicine, Montefiore Medical Center is nationally recognized for clinical excellence, breaking new ground in research, training the next generation of healthcare leaders, and delivering science-driven, patient-centred care. The mission of Montefiore is “to heal, to teach, to discover and to advance the health of the communities we serve.”

At a very young age, Mary was sure a nursing career was what she wanted to pursue. Her youngest brother had cardiac health issues and her family had to work together to monitor and care for him. As a result, Mary wanted to help others who were caring for loved ones with an illness. Mary’s work history includes experience as a supervisor of coronary care, an administrative nursing supervisor, a supervisor of educational services, and more.

Mary attributes her success to the core values of caring, compassion, and honesty. She finds caring for another human being to be a privilege. For Mary, it does not matter which nursing discipline she is in, she always strives to promote the best practice-based, patient-centred care.

In 1979, Mary attended The College at Brockport, the State University of New York where she earned her Bachelor of Science in Nursing degree. She then went on to earn her Master of Science degree in family health from Mercy College in 1992. After her medical surgical experience, Mary moved to critical care nursing. As a critical care RN and administrator, her interest became more focused on the spiritual aspects of illness. This was born out of working closely with patients facing life-altering diagnoses.

Teaching nurses and patients are Mary’s true passion. For many years, her focus was to provide professional care to home health patients in the NYC area and to prepare RNs for all of the challenges of administering health care in urban communities.

Mary’s interest in complementary therapies deepened as she realized that aiding individuals required a concentrated focus to understand their definition of health. To treat individuals in family systems, the parameters of mental health, as well as social, environmental, and emotional needs surpassed the medical issues many times. Addressing those concerns through referral and appropriate interventions promoted adherence to their medical plan. Mary became a Reiki master in 2006. She also became certified in IGM Acupressure in 2007.

In 2014, Mary became board-certified in integrative nurse coaching by the American Nurses Association, which expanded the professional skills essential for creatively working with clients in pursuit of their health goals. She also received certification that same year in clinical imagery and meditation. This was another tool to assist clients in self-care measures, helping them to stay centred and at peace, as well as helping them to stay focused in a fast-paced and highly technological world.

Learn More about Mary Pumillo:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4144153/info/>

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