

Christopher Hyde, DC, CGCS, a Chiropractor with Elite Chiropractic and Wellness

Get to know Chiropractor Dr. Christopher Hyde, who serves patients in Indianapolis, Indiana.



New York City, Sep 6, 2019 (IssueWire.com) - Dr. Hyde is a chiropractor who is currently serving patients at Elite Chiropractic and Wellness in Indianapolis, Indiana. Elite Chiropractic and Wellness is a modern facility known for its range of chiropractic techniques and other services. “Everyone in our office, from our receptionist to your chiropractor, has one goal in mind--to help you feel better fast. We know that when your body isn’t in top shape that your entire outlook on life can be affected. That’s why you’ll always be greeted with a smile here and leave with an even bigger one on your face” as stated on the practice’s website.

Dr. Hyde earned his Doctor of Chiropractic (DC) from Life University in Marietta, Georgia in 1997.

In 2005, Dr. Hyde completed a certification that made him one of the first “certified golf conditioning specialists” in Indianapolis. He works closely with many of Indy’s professional athletes in a variety of sports. He is also an accomplished public speaker. This attribute has served him well in corporate speaking engagements and smaller private lectures.

He attributes his success to his years of experience, as well as to his ability to think outside of the box and be able to ask the body itself questions in a way that will get it to reveal itself.

Dr. Hyde is involved with the One Love Education Foundation, which he and his wife created in 2015. The mission of the One Love Education Foundation is to improve the potential education of the underprivileged Jamaican children. Since its inception, Dr. Hyde and his wife have transformed their adopted school from slated for closure to making the best test scores in the region.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, extremity adjustments, manipulation and other techniques to manage patients’ health concerns, such as neck pain, back pain and other joint injuries like shoulders and ankles. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself without medication or surgery. Dr. Hyde utilizes manual adjustment techniques and computer-aided spinal adjustments. He tells all of his patients, “If you don’t like the way I am doing this, tell me. I have a dozen other ways to do it.”

Learn More about Dr. Christopher Hyde:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/941812-Christopher-Hyde-Chiropractor>

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