

Craig Mix, DC, Chiropractor with Discover Chiropractic & Wellness

Get to know Chiropractor Dr. Craig Mix, who serves patients in Birmingham, Alabama



New York City, Sep 19, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Mix is a chiropractor serving Birmingham and the surrounding communities. He is affiliated with Discover Chiropractic & Wellness – a practice dedicated to providing natural treatment using chiropractic techniques, physical therapy modalities, massage therapy and supplementation to improve joint motion and relieve soft tissue pain. They offer relief for adults and children from a variety of conditions including back or neck pain, sciatica, depression, fibromyalgia, and headaches.

Dr. Mix earned his Doctor of Chiropractic (DC) at the Palmer Chiropractic College. He also attended the University of British Columbia. It was during this time he became specialized in preventing, diagnosing, and treating conditions associated with the neuromusculoskeletal system, while improving each patient's functionality and quality of life.

Chiropractic is a health care profession. It is a form of alternative medicine mostly concerned with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. As a chiropractor, Dr. Mix performs adjustments (manipulations) and other treatments to the spine or other parts of the body for the purpose of correcting alignment problems, easing pain, and supporting the body's natural ability to heal itself.

With over 20 years of experience in the field of chiropractic, Dr. Mix has cared for thousands of patients. He and his staff have worked hard to build a reputation of caring and compassion for every patient who enters our office. Dr. Mix uses gentle and specific chiropractic techniques which have been effective for a variety of conditions, and he earned a 5-star rating on Google and Facebook based on patient reviews. He was recognized as one of the "Best Chiropractors in Birmingham" in 2016 and 2017 by Expertise. And now, in 2019, he is recognized as a "Top Chiropractor" by Top Doctor.

Learn More about Dr. Craig Mix:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1058315-Craig-Mix-Chiropractor> or through Discover Chiropractic & Wellness, <http://www.discovertrussvillechiropractic.com/about.html>

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide on you your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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