

Nadia Afridi, MD, a Plastic Surgeon with Afridi Aesthetic Medicine

Get to know Plastic Surgeon Dr. Nadia Afridi, who serves patients in New York City, New York.



New York City, Sep 26, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Highly trained plastic surgeon Dr. Afridi is serving New York City and the surrounding communities. She is affiliated with her private practice, Afridi Aesthetic Medicine – a practice focused on women’s issues when it comes to their aesthetic appearance. They offer breast enhancement, body contouring, and specializes in post-maternity

makeovers.

Dr. Afridi earned her medical degree in Canada, before going on to complete a plastic surgery residency at Dalhousie University. She additionally completed a one year of sub-specialty training in the U.S., focusing on reconstructive and aesthetic breast surgery as well as body contouring with the internationally recognized surgeon and scholar, Dr. G. Patrick Maxwell.

To stay up to date in her field, Dr. Afridi is a fellow of the Royal College of Surgeons in Canada, an associate fellow of the American College of Surgeons, and an active member of the American Society of Plastic Surgeons.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories: reconstructive surgery and cosmetic surgery. While reconstructive surgery aims to reconstruct a part of the body or improve its functioning, cosmetic surgery aims at improving the appearance of it. As a plastic surgeon, Dr. Afridi feels she has the insight and perspective to keenly understand the needs and wants of her patient population. She also takes the time to listen carefully to her patients in order to truly appreciate their concerns and to try to provide them with the results they want.

During her time in the field, Dr. Afridi has established a particular interest and is specializing in post-maternity body reshaping. Prior to entering her own practice, she spent a year performing cleft lip and palate repair as well as burn reconstruction for children in the developing world with the non-profit Interplast.

Learn More about Dr. Nadia Afridi:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3186525-Nadia-Afridi-New-York-NY-10028> or through Afridi Aesthetic Medicine, <https://www.nadiaafridi.com/about>

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