

Jeff Nalin, PsyD, a Clinical Psychologist with Paradigm Treatment Centers

Get to know Clinical Psychologist Dr. Amanda Glover, who serves patients in Malibu, California.



New York City, Oct 10, 2019 (IssueWire.com) - Dr. Nalin is a licensed clinical psychologist who has been a respected leader in the field of adolescent mental health for more than 20 years. He is the Founder and Executive Director of Paradigm Treatment Centers with locations throughout California, including Malibu and San Francisco, as well as Austin, Texas.

Paradigm Treatment Centers is the leading teen rehab and teen treatment center for depression treatment, addiction treatment, mental health treatment & more. “At Paradigm Treatment Centers, we’re committed to helping young people and their families to identify and treat the core issues of their lives. Our diagnosis and treatment approach is designed to go beyond just modifying behaviors and instead, to address the deeper causes for stress and struggle in teens’ lives. Our team of mental health professionals doesn’t just provide disciplinary oversight but works closely with teens and families every day to assist them in addressing these issues. The issues we treat range from school struggles, eating disorders, grief and trauma recovery to teen borderline personality disorder and teen addiction. The result of our holistic treatment approach is teens are able to transform their lives, in authentic, sustainable ways” as stated on the practice’s website.

In regards to his education, Dr. Nalin earned his undergraduate degree from the University of Southern California, his Master’s degree from Loyola Marymount University, as well as his doctorate from Pacific University’s APA approved Clinical Psychology program. He then went on to complete his training through San Diego’s APA approved psychology internship program, which is a part of the University of California San Diego School of Medicine.

As an educator, he lectures and conducts workshops nationally on the issues of teen mental health, substance abuse prevention, and innovative adolescence treatment. He has provided training and mentoring to students entering the field of psychology at institutions of learning, including Pepperdine University’s Graduate School of Education and Psychology, UCSD, Pacific University, and Santa Monica College. In 2017, he was awarded The Sigmund Freud Foundation and Sigmund Freud University’s Distinguished Achievement Award in recognition of his work with youth in the field of mental health over the course of his career.

In addition to being featured in an Anti-Drug Campaign for the Office of National Drug Control Policy, Dr. Nalin has appeared as an expert on shows ranging from CBS News and Larry King, to CNN, The Today Show, and MTV. He was also instrumental in the development of the treatment component of Los Angeles County’s first Juvenile Drug Court, which now serves as a national model.

Clinical psychology is a broad branch of psychology that focuses on diagnosing and treating mental, emotional, and behavioral disorders. Some of the more common disorders that might be treated include learning disabilities, substance abuse, depression, anxiety, and eating disorders. Clinical psychologists, like Dr. Nalin, meet with patients to identify problems - emotional, mental and behavioral - in their lives. Through observation, interviews, and tests, they aim to diagnose any existing or potential disorders.

Learn More about Dr. Jeff Nalin:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/162951-Jeffrey-Nalin-Psychologist>, through Paradigm Malibu Teen Treatment Center, <https://paradigmmalibu.com/our-team/dr-jeff-nalin/>, through Paradigm San Francisco Teen Treatment Center, <https://paradigmsanfrancisco.com/about-us/our-team/> or through Paradigm Austin Teen Treatment Center, <https://paradigmaustin.com/team/>

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