## Women's Health Care Nurse Practitioner, Hannah Barrineau, APRN, WHNP-BC Provides Care for the Omaha, Nebraska

Get to know Women's Health Care Nurse Practitioner Hannah D. Barrineau, who serves patients through her Private Practice.



**New York City, Oct 29, 2019** (<u>Issuewire.com</u>) - Hannah D. Barrineau started her practice to offer women an individualized plan of care, by providing education in regards to nutrition and fixing the root cause of a woman's medical issue rather than just the symptoms. She believes that if we can learn to be proactive with our health, we will increase our quality of life, allowing us to reach our full potential.

Professionally, Hannah is a Women's Health Nurse Practitioner with a background in massage therapy, aesthetic procedures, and holistic practice. She believes that medicine has its place, but also knows that with proper nutrition and support our bodies will heal naturally. She has a breadth of knowledge and experience in obstetrics, gynecology, wellness, diet, fitness, aesthetics and holistic wellness. She has focused her career on helping women and believes that every woman should be educated about their bodies, and have the knowledge to make the best decisions for their own care. She believes in integrating proper nutrition, holistic care, and modern medicine to restore balance to your body.

She started her practice to give women a voice in their own care. She believes that there are many options that lead to healing, she also knows that each individual has her own beliefs and knowledge about her body. Hannah's goal is to give you a safe comfortable experience, with open communication about all of your options, so that you can make the best decision for yourself. Her passion is to help women be healthier, live a better quality of life, and to help you succeed. If you are at your optimal health, you can perform better, function at a higher level, and exceed all expectations. She believes it's time to change healthcare by elevating the expectations.

In regards to her education, Hannah graduated with her Bachelor's of Science in Nursing from the College of Saint Mary in 2009, giving her over a decade of experience in her field. Furthering her education, she graduated with her Master's Degree from the University of Cincinnati in 2013. To stay up to date in her field, she remains a professional member of the American Nurses Association

A women's health nurse practitioner (WHNP) is an educated and experienced nurse practitioner who focuses on offering primary care services to women of all ages. A WHNP follows the entire lifespan of women's health and does so most often in a primary care office setting, rather than a hospital or delivery room.

## Learn More about Hannah D. Barrineau:

Through her online profile, <a href="https://todaysnurse.org/network/index.php?do=/4142965/info/">https://todaysnurse.org/network/index.php?do=/4142965/info/</a> Or her Private Practice, <a href="https://www.hbhealthcare.org/">https://www.hbhealthcare.org/</a>

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