

Author Shares Naval Experiences in Arresting New Autobiography

Take a peek inside the action-filled life of a U.S. Navy officer.

RUNNIN' WITH FROGS



A NAVY MEMOIR

George R. Worthington

Pittsburg, Nov 21, 2019 (IssueWire.com) - Author George R. Worthington participates in this year's Miami Book Fair with his noteworthy biography, [*Runnin' with Frogs: a Navy Memoir*](#).

Runnin' with Frogs is an autobiographical sketch of a Naval career. In this book, author Worthington highlights challenging assignments during a spectacular era in America. He describes clear details of deployments and special events of international and national moment associated with operational and command tours. He also discusses actions, decisions and personal learning impacts, doing so with in-depth descriptions of special training.

Worthington is a retired U.S. Navy rear admiral. He was born in Louisville, Kentucky, in 1937. He studied in the U.S. Naval Academy and graduated with an Ensign commission on June 1961. After several tours and years of active duty, he retired on September 1992.

George's work will be exhibited at the Miami Book Fair Street Fair weekend, to be held at Miami Dade College (Wolfson Campus) in downtown Miami this coming November 22-24 at the Authors Press booth. To get the latest update on authors, like and follow Authors Press on Facebook and Twitter.

[Runnin' with Frogs: a Navy Memoir](#)

Written by George R. Worthington

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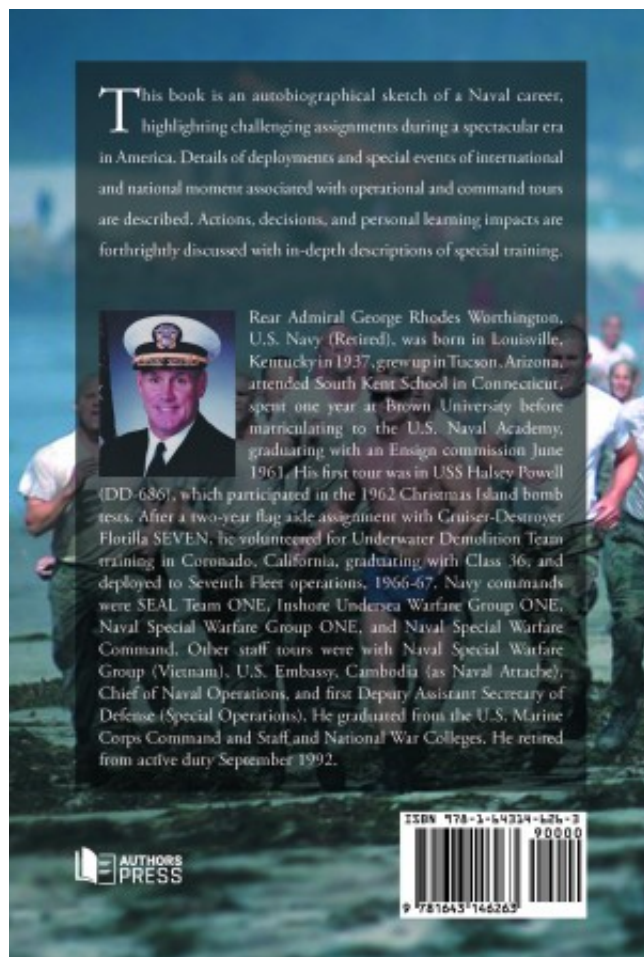
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More information about the author and the event are available at www.authorspress.com.



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