

Get to know Psychiatrist Dr. David M. Band, who serves patients in Maryland.

David M. Band, MD, a Psychiatrist with Sterling Behavioral Health Services & Crossroads Psychological Associates, LLC



New York City, Nov 26, 2019 ([Issuewire.com](http://www.Issuewire.com)) - A board-certified psychiatrist, Dr. Band, specializes in treating children and adolescents, including angry or depressed teenagers. His areas of clinical expertise include ADHD, mood and anxiety disorders, school problems, obsessive-compulsive disorder, court-ordered psychiatric evaluations, as well as to conduct and behavioral issues, including those associated with pervasive developmental disorders such as Autism and Asperger's Syndrome.

He is the Medical Director and Owner of Sterling Behavioral Health Services in Ashburn, Virginia. There, he and his growing team of psychiatrists, psychologists, and therapists offer a wide range of assessment and treatment services, including counseling or therapy, individual, family, marriage, and group, psychological testing and neuropsychological testing, and medication management.

Moreover, Dr. Band serves on staff at Crossroads Psychological Associates, LLC, a multi-disciplinary mental health practice located in Columbia, Maryland. The practice consists of a group of independent psychiatrists, psychologists, and therapists who are dedicated to providing the highest quality care for patients. When working with children and adolescents, they strive to involve the family whenever possible, while being mindful of the patient's confidentiality.

Having grown up in suburban Philadelphia, Dr. Band received his undergraduate degree in Environmental Biology from the University of Pennsylvania in 1975. After working for one year, including a summer as a Park Ranger, he attended the George Washington University Medical School and graduated in 1980. His flexible medical internship was completed in Boston in 1981, followed by his residency in psychiatry at the National Institute of Mental Health - St. Elizabeths Hospital in Washington, D.C. in 1984.

Commissioned as an officer in the U.S. Public Health Service in 1980, he served on active duty for over 20 years. During that time, he worked on the Navajo Reservation in a very rural traditional setting. He then gained extensive inpatient and outpatient experience, both clinical and administrative, in an urban setting with patients diagnosed with a full range of psychiatric illnesses.

During his last six years with the USPHS, Dr. Band ran a community-based treatment program in Washington, D.C. Upon leaving the USPHS, he spent 15 months as the Medical Director of an adolescent residential treatment hospital before co-founding Sterling Behavioral Health Services.

As for his accomplishments, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Psychiatry is the medical specialty devoted to diagnosing, preventing, and treating mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists are medical doctors who evaluate patients to determine whether their symptoms are the result of a physical illness, a combination of physical and mental ailments, or strictly psychiatric. They are qualified to assess both the mental and physical aspects of psychological problems.

Learn More about Dr. David M. Band:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1422967-David-Band-Psychiatrist> through Sterling Behavioral Health Services, <http://sbhsva.com/psychiatrists.php> or through Crossroads

Psychological Associates, LLC, <https://www.crossroadspych.net/david-band-md>

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