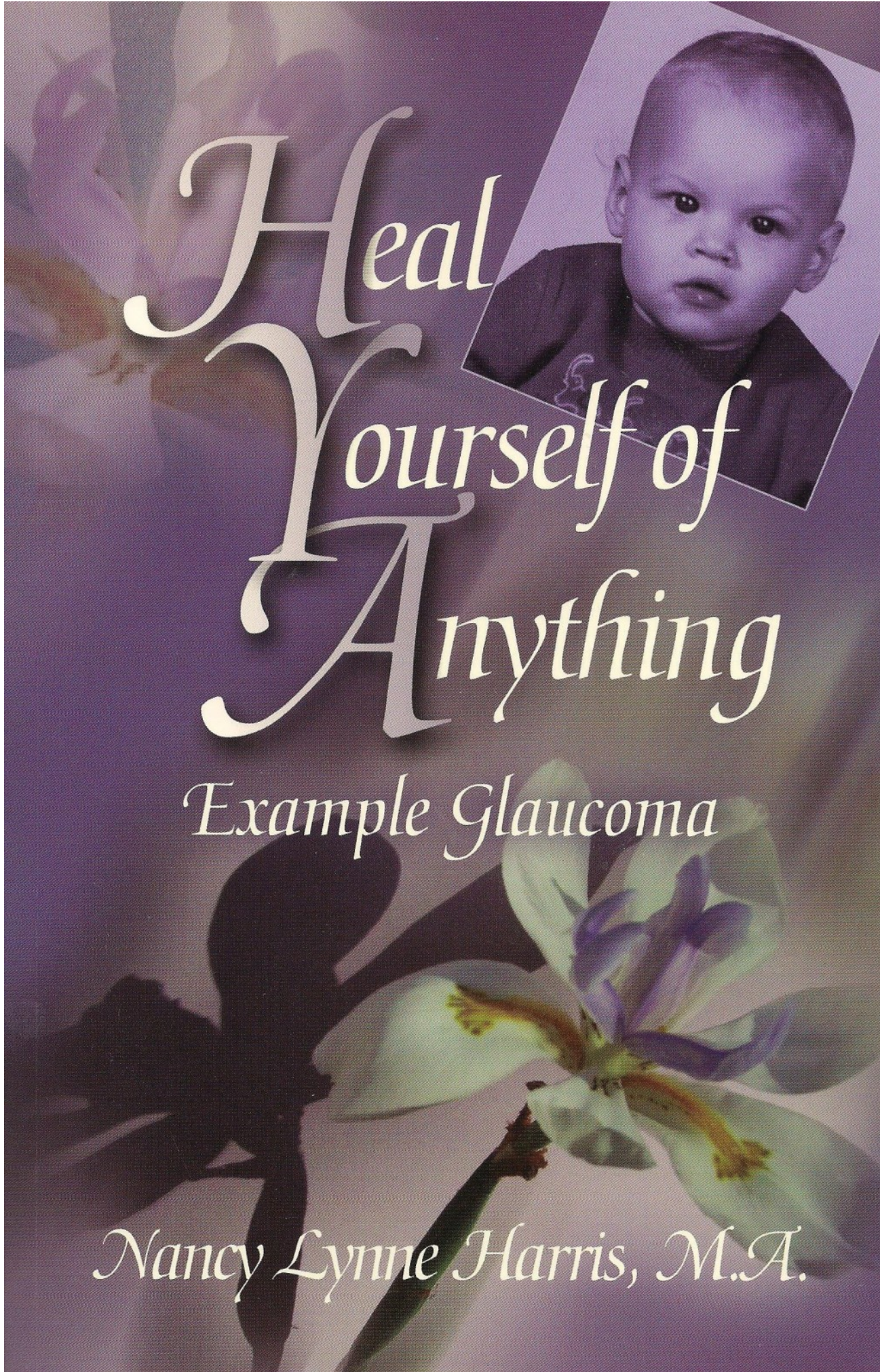


# Healing Through Positive Thinking Encouraged in Shaman's New Book

A welcome and unconventional approach to wellness



# Heal Yourself of Anything

*Example Glaucoma*

*Nancy Lynne Harris, M.A.*

**Pittsburg, Feb 25, 2020** ([IssueWire.com](http://IssueWire.com)) - [\*Heal Yourself of Anything: Example Glaucoma\*](#) by Nancy Lynne Harris is a practical guide on how one can heal through dispelling negative thinking. The author shares how the power of positive thoughts, attitudes, and words helped her son heal from congenital glaucoma. Nancy explains the spiritual healing process, which can be used to heal any illness. She teaches that we are spiritual beings attracting the visible reflection or shadow of the thoughts we think.

“The book should be welcomed by people of all walks and faiths. It definitely walks hand in hand with quantum physics! This is a ‘happy, positive book’ and I am so thankful for having found it,” says Betty A. Wilson, an Amazon customer.

Nancy is a shaman and spiritual teacher offering shamanic treatments, counseling, books, and workshops. She is a graduate of The Four Winds Society, founded by Dr. Alberto Villoldo, and has also studied with Don Oscar Miro-Quesada. She was trained as a spiritual teacher by The Eschatology Foundation in Los Angeles.

Nancy’s work will be exhibited at the Authors Press booth # 454 during the AASL 19th National Conference & Exhibition, to be held on the 14th to the 16th of November 2019 at the Kentucky International Convention Center, located at 221 S. 4th Street, Louisville, KY, 40202. To get the latest update on authors, like and follow Authors Press on Facebook, Instagram, and Twitter.

### [Heal Yourself of Anything: Example Glaucoma](#)

Written by Nancy Lynne Harris, M.A.

Paperback | \$14.95

Audio CD | \$10.95

Book copies are available at Authors Press, Amazon, <https://nancylynneharris.com/> and other online book retailers.

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