

## Tamara Alberti Sutherland, MD FAAP, Pediatrician with Associates In Pediatrics

Get to know Pediatrician Dr. Tamara Alberti Sutherland, who serves patients in Glen Allen, Virginia.



**New York City, Dec 4, 2019** ([Issuewire.com](http://Issuewire.com)) - Dr. Sutherland, a board-certified pediatrician and a Fellow of the American Academy of Pediatrics, joined Associates In Pediatrics in Glen Allen, Virginia in July of 2003. She became the Senior Partner in 2017.

Associates In Pediatrics is a division of Pediatric Partners of Virginia (PPV) which provides pediatric and adolescent care, including sick and well-child care, minor emergencies, and sports care, with professional and friendly service. The team of professionals working there strive to provide each child with the best health care possible.

In 2000, Dr. Sutherland earned her medical degree from the University at Buffalo School of Medicine and Biomedical Sciences in New York. She then went on to complete her internship and residency in pediatrics at Virginia Commonwealth University School of Medicine. Thereafter, she became board-certified in pediatrics by the American Board of Pediatrics. Founded in 1933, the ABP is an independent, nonprofit organization whose certification is recognized throughout the world as a credential signifying a high level of physician competence.

With health and fitness being her number one priority, Dr. Sutherland has been working to promote exercise, health, and nutrition to her patients and the community. She has personally averaged two marathons per year since 2010 and has competed in the Boston Marathon every year since 2012. Moreover, she is an active member of the Shady Grove YMCA, where she has served on the Board of Management for several years. At the YMCA, she has served on the Executive Committee and was the Chair of the Healthy Living Committee.

Throughout her career, she has been highlighted in the Top Docs issue of Richmond Magazine in April of 2012. She has also received awards from the American Academy of Pediatrics for exceeding the standard requirements for continuing medical education.

Pediatrics is the branch of medicine that involves the medical care of infants, children, and adolescents. As a pediatrician, Dr. Sutherland examines diagnoses, and treats children of all ages with a wide variety of injuries and illnesses. She understands that children change rapidly and they must be approached with an appreciation for their stage of physical and mental development. Her passion for pediatrics includes newborn care, asthma, ADHD, and overall wellness of her patients.

On a more personal note, Dr. Sutherland enjoys reading, traveling, teaching, and spending time outdoors. She loves going to the beach and visiting family. She cherishes the everyday busy life with her husband, two children, and labradoodle.

### **Learn More about Dr. Tamara A. Sutherland:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1226934-Tamara-Sutherland-Pediatrician> or through Associates In Pediatrics, <https://ppvkids.com/associates-in-pediatrics/>

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