

## District Center for Integrative Medicine Expands Its Holistic Care Offerings in DC for Chronic Conditions

With its new offices and staff, DCIM expands to meet unprecedented demand for its approach to wellbeing and chronic illness



**District of Columbia, Jan 29, 2020 ([Issuewire.com](https://www.issuewire.com))** - The District Center for Integrative Medicine's (DCIM's) has expanded its offices and staff to meet the unprecedented demand for [functional medicine](#) doctors in Washington DC.

Founded by the current Medical Director, [Dr. Anjali Dsouza](#), DCIM approaches healthcare differently. By freeing itself of the traditionally managed care constraints, including the 15-minute industry average patient appointments, DCIM sees the patient holistically. Practitioners at DCIM use the initial 90-minute appointment, for example, to understand the patient's entire medical history, as well as her family's. DCIM offers advanced diagnostic testing to uncover persistent-but-often-overlooked conditions. The doctors at DCIM delve into environmental and lifestyle issues and develop individually tailored detailed health plans. The resulting "deep dive" is a highly personalized analysis of the patient's health.

In addition to their traditional, western medical training, the doctors at DCIM are also trained in Integrative and Functional Medicine. These disciplines treat the whole person rather than a specific disease. Because of their holistic approach, these disciplines prioritize the physician-patient relationship.

Dr. Dsouza's personalized approach has proven particularly effective at treating chronic diseases that have not responded well to traditional managed care. For example, many patients come to DCIM to address autoimmune diseases like Hashimoto's [Hypothyroidism](#), Rheumatoid Arthritis, Vitiligo, Multiple Sclerosis, Lupus, Psoriasis, Celiac disease, and Sjoren's Syndrome. The Center also specializes in women's health issues, including Alopecia (hair loss), [Menopause and Perimenopause](#), and [Polycystic Ovarian Syndrome](#) (PCOS), as well as professional women juggling modern demands and looking to achieve their optimal health state.

Patients, especially those looking for an integrative medicine doctor in Washington DC, have responded with the overwhelming demand for Dr. Dsouza's approach. To meet the demand, DCIM moved into bigger offices and expanded its staff. With its new offices and expanded staff, DCIM is now well-positioned to meet that extraordinary demand.

Located in the heart of downtown Washington DC, DCIM's new offices reflect the Center's mission. They are a place for healing and a buffer from the stress of everyday life. Their spacious and eclectic design is an oasis from the hectic city.

The most important consequence of the new offices, however, is the ability to hire more practitioners. After a years-long search for a like-minded practitioner with a kindred approach to the doctor-patient relationship, DCIM is excited to introduce Dr. Shephali Ranpuria to the practice. A board-certified Family Medicine doctor, Dr. Ranpuria has been treating chronic illness since 2006 and is certified by the Institute for Functional Medicine. Most importantly, her approach perfectly dovetails with Dr. Dsouza's commitment to giving the relationship between patient and physician the highest priority.

With the arrival of this newest member of the team, DCIM is able to once again open its doors to new patients. Equipped with new offices and new staff, Dr. Dsouza is optimistic about the future:

"We've been humbled by the positive reviews from our patients the demand for our services. We've worked overtime to expand our offerings to meet that demand. Clearly, patients understand that the modern, 'managed care' approach to healthcare is broken. They don't want a brief visit and a pill. They want a doctor that takes the time to understand them and the root cause of their disease. And they want someone to meet them where they are, not where some computer tells them they ought to be."

Interested in becoming a patient? Please request an appointment at <https://dcimedicine.com/request-an-initial-appointment/>

## **About District Center for Integrative Medicine**

The District Center for Integrative Medicine (DCIM), founded and directed by Dr. Anjali Dsouza, heals patients through a deeply individualized and holistic approach to health. We treat individuals with chronic complaints and conditions that persist despite the conventional managed-care model, as well as those looking to achieve the highest level of wellness. By prioritizing the patient-physician relationship, we take the time and resources to understand every aspect of your medical history, as well as nutritional and environmental factors that affect your well-being. Our role is to acknowledge your body's innate capacity to heal and to cultivate it.



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