

Rory Oetomo, PT, LAc, PhD, an Acupuncturist and Physical Therapist in Colorado

Get to know Acupuncturist and Physical Therapist Dr. Rory Oetomo, who practices in Highlands Ranch, Colorado.



New York City, Jan 23, 2020 (Issuewire.com) - Dr. Oetomo is a licensed acupuncturist and physical therapist who serves as the Director of Meromed Physiotherapy Centre DBA Fyzical Therapy & Balance

Centers in Highlands Ranch, Colorado. He has been in private practice for over 25 years, treating orthopedic and sports-related conditions to improve range of motion and flexibility, decrease pain and swelling, as well as improve strength, function, and endurance.

Meromed Physiotherapy Centre DBA Fyzical Therapy & Balance Centers was founded in 1998 in order to provide comprehensive and integrative therapeutic and restorative services for patients to rehabilitate their injury, disability, or condition through the highest standards of health care delivery and service. "My focus is on re-establishing harmony and balance within the mind, body, and spirit of each individual. I strongly believe that prevention of disease and eliminating pain and stress often requires a holistic approach." as stated by Dr.Oetomo.

On the subject of his educational background, he holds a Baccalaureate of Science Degree in Physical Therapy. He obtained a Master of Science degree in Traditional Chinese Medicine from the Colorado School of Traditional Chinese Medicine in 2003. Following this, he completed a three-year program of 2,520 education hours, including 1,095 hours of clinical training.

Nationally board-certified in oriental medicine by the National Certification Commission for Acupuncture and Oriental Medicine, Dr.Oetomo is also certified in integrative systemic dry needling (aka intramuscular stimulation or trigger point dry needling) through the American Dry Needling Institute in Boulder, Colorado.

To further advance his efforts, he remains a member of the American Association of Acupuncture Oriental Medicine, the Acupuncture Association of Colorado, and the American Physical Therapy Association.

Acupuncture is a form of alternative medicine and a key component of Traditional Chinese Medicine in which thin needles are inserted into the body. The practice is also used to maintain general health. Acupuncturists treat a variety of physical and psychological issues like internal medicine hypertension or anxiety.

Physical therapy, also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapists help injured or ill people improve their movement and manage their pain. These therapists are often an important part of rehabilitation, treatment, and prevention of patients with chronic conditions, illnesses, or injuries.

With a background in physical therapy and Traditional Chinese Medicine, Dr.Oetomo is able to integrate his training and experience in both therapies. He believes in the benefits of treating the patient naturally with no harmful side effects. In his professional opinion, combining Western medicine with Traditional Chinese Medicine offers his patients' success.

Learn More about Rory Oetomo:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3428160-Indra-Oetomo-Acupuncturist> or through Meromed Physiotherapy Centre DBA Fyzical Therapy & Balance Centers, <https://www.meromedcentre.com/about-us>

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