Vipul Mangal, MD, an Anesthesiologist with National Spine & Pain Centers

Get to know Anesthesiologist Dr. Vipul Mangal, who serves patients in Virginia.



New York City, Jan 31, 2020 (<u>Issuewire.com</u>) - Dr. Mangal is a board-certified anesthesiologist who joined the National Spine & Pain Centers in the offices at Waldorf and National Harbor, Maryland in April of 2019. He brings with him an expertise in neuromodulation, including surgical implantation of spinal cord stimulators and intrathecal pump therapy.

"Comprehensive pain management involves non-invasive and minimally invasive surgical treatments and I specialize in using both in helping patients achieve their goals. I thoroughly believe physicians like myself can provide the tools for patients for optimal recovery of their conditions." as stated by the doctor.

National Spine & Pain Centers is one of the nation's largest pain management practices in the United States. It strives to bring high-quality providers in the specialty of pain management together to offer an extensive network to meet the needs of an ever-growing population of patients living in chronic pain.

Prior to starting in clinical practice, Dr. Mangal earned a bachelor's degree in biomedical engineering with a concentration in chemical engineering from Johns Hopkins University. He also served as a student researcher for two years in the Department of Chemical Engineering at the Baltimore-based higher education facility. After graduation, he was named a Post-Bac IRTA Fellow at the National

Institutes of Health, where he developed 3D gene expression profiling of the mammalian cardiovascular system. The next year, he returned to the Bethesda-based facility as a summer medical intern.

Graduating from Rush Medical College, he completed his residency in anesthesiology at Rush University Medical Center in Chicago, Illinois and his fellowship in pain management at the University of Virginia in Charlottesville. For nearly six years, he worked as an attending physician at Stafford, Virginia-based pain and spine facility, treating and managing acute and chronic pain through multimodal therapy, including interventional therapy methods such as fluoroscopic guided injections and surgical implants.

When discussing medication management as part of developing a treatment plan, Dr. Mangal tries to guide patients into an interventional therapy to help them utilize as few medications as possible. He believes interacting with patients and discussing plan options is the most important aspect of healthcare.

Since 2016, the doctor has served as President of the D.C., Maryland, Virginia Pain Society, which advocates for the most innovative, comprehensive and multidisciplinary treatments to relieve acute and chronic pain. He has published several peer-reviewed articles and has presented at medical conferences addressing anesthesia and pain management.

In addition to being an active member of the American Society of Anesthesiology and the American Society of Regional Anesthesia and Pain Management, he is board-certified in both anesthesiology and pain medicine the American Board of Anesthesiology, whose mission is to advance the highest standards of the practice of anesthesiology.

Anesthesiology is the medical specialty concerned with the total perioperative care of patients before, during, and after surgery. It encompasses anesthesia, intensive care medicine, critical emergency medicine, and pain medicine. Anesthesiologists have the primary responsibility of monitoring the patient's vital signs during surgery. In addition to basic measurements such as pulse, blood pressure and temperature, anesthesiologists also measure the patient's respiration.

When not tending to his patients, Dr. Mangal is either playing sports like golf and basketball or serving as a coach for youth football and basketball teams.

Learn More about Dr. Vipul Mangal:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/1723784-Vipul-Mangal-Anesthesiologist or through National Spine & Pain Centers, https://www.treatingpain.com/find-a-doctor/vipul-mangal-md/

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