

## Joshua S. Rovner, MD, an Orthopaedic Surgeon with Dr. Rovner Progressive Spine & Orthopaedics

Get to know Orthopaedic Surgeon Dr. Joshua S. Rovner, who serves patients in New Jersey.



**New York City, Feb 8, 2020 ([IssueWire.com](http://IssueWire.com))** - Licensed to practice medicine in New Jersey and New York, Dr. Rovner is a board-certified orthopaedic surgeon and an expert at robotic spine surgery which “makes spinal surgery safer, more precise, and less invasive.” Known for his patient-centered, progressive approach to resolving chronic back pain and spinal conditions, he is the owner of Dr. Rover Progressive Spine & Orthopaedics in Englewood, New Jersey.

“I treat every patient individually and provide personalized care that is focused on the best possible outcomes. Changing people’s lives by relieving debilitating spinal pain and improving their quality of life is extremely rewarding.” as stated by the doctor.

Being an unmatched spine specialist New Jersey patients frequently avail themselves of, Dr. Rover strives to start with conservative treatment options before surgical solutions. When surgery is indicated, he uses the least invasive surgical technique possible. Using the least invasive surgical approach usually means less postoperative pain, less blood loss, a faster recovery, and reduced risks. At Progressive Spine & Orthopaedics, you will never be “just another case.”

Beyond his technical expertise and commitment to the continued leadership of his field in innovation and skill, Dr. Rovner is one of a handful of spine specialists in New Jersey qualified to perform robotic procedures. As such, it is easy to see why he is regarded as a top spine surgeon New Jersey has to offer. He knows that back surgery is scary, and he does everything within his power to put his patients at ease and assure them that they are in experienced, highly capable hands.

The doctor's acclaimed career in medicine began in 2002 when he graduated with his medical degree from the SUNY Downstate Health Sciences University in New York City, New York. He completed his residency in orthopaedic surgery at Albert Einstein College of Medicine, followed by a fellowship in spine surgery at the prestigious Twin Cities Spine Center in Minneapolis, Minnesota. He also holds a Bachelor of Arts (BA) degree in Biology from Rutgers University.

As a medical student, Dr. Rovner was a member of the American Medical Student Association Recruitment Award in 2000 and the Phi Beta Kappa Honor Society. He was on the Dean's List at Rutgers University for seven semesters. Before this, he was the recipient of the Norman and Syril Reitman Pre-Med Scholarship from 1996 until 1997.

Despite his advanced training in orthopaedic and spine surgery, the doctor provides a wide variety of back and spine treatment options. He is a regional expert on the medical and surgical management of diseases and disorders of the spine.

With his years of experience and impressive expertise, Dr. Rovner is board-certified in orthopaedic surgery by the American Board of Orthopaedic Surgery, which is an organization with the goal of establishing educational and professional standards for orthopaedic residents and surgeons, as well as evaluating the qualifications and competence of orthopaedic surgeons. What's more, he is a member of the New Jersey Spine Society, the North American Spine Society, the American Academy of Orthopaedic Surgeons, and the New Jersey Orthopaedic Society.

Orthopaedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopaedic surgeons use both surgical and nonsurgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders. They work in clinical and hospital settings.

Dr. Rovner was among the authors of the following medical journals: *Epidural Block for Cesarean Section: Comparison of Epidural Catheter Injection of Local Anesthetic with Gravity Flow Technique*, *Can Prophylactic Epidural Blood Patch Reduce the Incidence and Severity of Postpartum Dural Puncture Headache in Obstetrics*, *A Comparison of Infection Rates in Minimally Invasive vs. Open TLIF's*, *Pigmented Villonodular Synovitis of the Lumbar Facet Joint as an Incidental Finding: A Case report*, and, *Lumbar Scheuermann's Kyphosis*.

He took part in different presentations which included the Lumbar Spinal Stenosis Grand Rounds Montefiore Medical Center Orthopaedic Surgery Department in 2005, Outcomes of Percutaneous Balloon Kyphoplasty vs Non-operative Management of Osteoporotic Vertebral Compression Fractures in 2006, Comparison of Infection Rate in Minimally Invasive vs. Open TLIF's: A Single Surgeon Retrospective Review Podium Presentation at NASS annual meeting in Toronto, Canada in 2008, Comparison of Infection Rate in Minimally Invasive vs. Open TLIF's: A Single Surgeon Retrospective Review Podium Presentation at IMAST meeting in Hong Kong, China in 2008, and Balloon Kyphoplasty for Vertebral Compression Fractures in 2009.

**Learn more about Dr. Joshua S. Rovner:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2590472-Joshua-Rovner-Orthopedist> or through Dr. Rover Progressive Spine & Orthopaedics, <https://www.progressivespine.com/our-team/dr-rovner/>

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