

## **Agata K. Brys, MD, an Otolaryngologist with ENT & Allergy Associates**

Get to know Otolaryngologist Dr. Agata K. Brys, who serves patients in Parsippany, New Jersey.



**New York City, Mar 26, 2020 ([IssueWire.com](http://www.IssueWire.com))** - Dr. Brys is an established board-certified otolaryngologist who has a special interest in functional rhinoplasty, endoscopic sinus surgery, and surgical and nonsurgical facial rejuvenation, including facelifts, eyelid surgery (blepharoplasty), as well as injectable fillers and Botox. She provides care for patients with general ear, nose, and throat disorders at ENT & Allergy Associates in Parsippany, New Jersey.

ENT & Allergy Associates has over 220 physicians practicing in 46 office locations in New York and New Jersey. The practice sees over 90,000 patients per month. Each ENT and Allergy Associates clinical location provides access to a full complement of services, including general adult and pediatric ENT and allergy, voice and swallowing, facial plastics and reconstructive surgery, disorders of the inner ear and dizziness, asthma, allergy, clinical immunology, diagnostic audiology, hearing aid dispensing, sleep and CT services. ENT & Allergy Associates has a clinical alliance with The Mount Sinai Hospital for the treatment of diseases of the head and neck and esophageal cancer, a clinical alliance with the Montefiore Medical Center for the tertiary treatment of pediatric patients in New York City and the Hudson Valley, a clinical alliance with the Northwell Health for the tertiary treatment of pediatric patients in Queens, Nassau, and Suffolk Counties, as well as a partnership with the American Cancer Society to educate and treat patients with smoking disorders and cancer.

Throughout her academic career, Dr. Brys received her medical degree from the Boston University School of Medicine. She then went on to complete her residency in otolaryngology and head and neck surgery at the University of Rochester, where she was co-chief resident of the program. She completed a fellowship in facial plastic and reconstructive surgery at the Rousso Facial Plastic Surgery Clinic in Birmingham, Alabama, under the supervision of Dr. Daniel E. Rousso, an internationally renowned surgeon in the field. Her fellowship focused exclusively on cosmetic and reconstructive surgery of the face, nose, eyelids, and ears, utilizing the most advanced techniques available, including laser surgery and minimally invasive endoscopic facial plastic surgery. Dr. Brys also completed a rigorous fellowship in hair restoration surgery approved by the International Society of Hair Restoration Surgery.

The doctor's extensive training provides her with unique expertise in surgery of the nose both to improve breathing and to improve appearance. She also uses state-of-the-art techniques, including computed tomography image-guided endoscopic sinus surgery and balloon sinuplasty. In addition, Dr. Brys is one of the few in the area to offer hair restoration to both men and women utilizing follicular unit hair transplantation.

As a testament to her success, she is board-certified in otolaryngology by the American Board of Otolaryngology-Head and Neck Surgery, which serves the public by ensuring that diplomates meet the standards of training, knowledge, and professionalism through initial and continuing certification. She also holds board certification in facial plastic and reconstructive surgery.

In order to stay up to date in her field, she remains a member of the American Academy of Otolaryngology and Head & Neck Surgery, the American Academy of Facial Plastic & Reconstructive Surgery, and the International Society of Hair Restoration Surgery.

Otolaryngology is the oldest medical specialty in the United States. Otolaryngologists, also known as ear, nose, and throat doctors, specialize in disorders of the head and neck, ranging from hearing loss to

cancer.

Over the years, Dr. Brys has published numerous original articles in peer-reviewed otolaryngology and facial plastic surgery journals. She has authored multiple book chapters in the area of facial plastic and reconstructive surgery, as well as hair restoration surgery. In addition, she has presented papers to her colleagues at regional and national meetings.

### **Learn More about Dr. Agata K. Brys:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/809170-AGATA-BRYS-Ear-Nose-and-Throat-Doctor-ENT> or through ENT & Allergy Associates, <https://www.entandallergy.com/doctor/agata-brys-md>

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