

# Bangalore City Summer Camp enters World Book of Records

Anuhya summer camp

**OUR CAMP GALLERY**



**Anuhya Summer Camp Has Entered the World Book of Records**



08028521018 / 9686668057  
www.anuhyasummerncampindia.com

**Awaken the leader in you  
Are you ready**



**Lifeskill based Fun  
and  
creative activities**



**About Us**

We One of the unique camp in India that focuses on moulding the Life skill with study skills and Adventure. We are filled with Fun and Adventure. We are conducting camp since 2010, We have been identified by top20 institutions of India by Academic Insights.

**The Mentor Trainer**

DR. ROOPA RAO is a Trainer, Life Coach, and Counselor for Children and young Minds, passionate about helping budding minds in setting up their Goal, Study skills, coping up with Emotions, removing the Emotional blockages, making them to realize their true potentials. She has trained a number of Students in various aspects.

**Why Summer Camps?**

- Building friendships and social skills.
- Developing resiliency and confidence
- Becoming and staying physical
- Learning the values of leadership and team playing
- Continue to learn even in the summer
- Time for "active play"
- Learn New Skills
- Sharing and care



**List of Activities**

- |  |                   |
|--|-------------------|
| <b>Life skills</b>                       | <b>Adventures</b> |
| Self-awareness.                          | Rappelling        |
| Empathy.                                 | Trekking          |
| Critical thinking.                       | Ziplines          |
| Creative thinking.                       | Boating           |
| Decision making.                         | Camp fire         |
| Problem Solving.                         | Zorba             |
| communication.                           |                   |
| Gratitude                                |                   |
| Empathy                                  |                   |
| Self Confidence                          |                   |
| Interpersonal relationship               |                   |
| <b>Spiritual skills</b>                  |                   |
| • Every Day Prayers                      |                   |
| • Meditations /Matras.                   |                   |
| • Stories from Ramayana and Mahabharatha |                   |
| • Bhagavadgeetha 18 lessons              |                   |

**Why Anuhya Summer Camp™**

- One and only Camp to Be listed in World book of Record, Record from India.
- Experiential learning .
- Course designed by a Children and Teen Coach
- Game based activities make Learners Learn skills subconsciously

**Key take away**

- Positive Behaviours
- Great experiences
- Lifelong memories with Photos
- Certifications
- Prizes

**Fun Games**

- |               |                 |
|---------------|-----------------|
| Swimming,     | Pottery Making, |
| Dance,        | Magic Show,     |
| Gardening     | Splash Pool     |
| star Gazing   | Rain Dance      |
| Bullock Cart- | Indoor Games    |
| -Riding       | Outdoor Games   |

**Enroll now**

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**Starts from :22Nd, April 2020  
Place: Jain Farms, Off Sarjapur  
Duration 10 Days**

**Bengaluru, Mar 3, 2020 (Issuewire.com) - Anuhya Summer Camp** conducted by the well-known life skill trainer from the city **Dr. Ruupa Rao** listed in the **World Book of Records**. This has been included as it was strictly adhering to the World Health Organisation (WHO) guidelines.

**S Shukla, chairman, World Book of Records** made this announcement. "This is the summer camp where positive energy and thoughts are infused among the participants," he informed.

**Ruupa Rao-Ceo of Noble institute of education** informed that from science to spirituality, from dance to adventures, several activities are conducted in this camp which will be held for ten days every year. "We are the only summer camp in the state where ten life skills which suggested by the World Health Organisation are taught," she said. Dr Lakshmi pati R Rao, one of the organisers said this camp is unique in many ways.

"The camp routine includes learning sessions through the day, application sessions, entertainment, meeting other campers, campfire sessions etc. Kids are encouraged to develop their own style of learning to do various things. Unlike a class that goes by a written textbook material, Anuhya Summer Camp learning sessions focus on a more practical way of learning the subject. Kids get to understand and develop new methods of learning that are convenient for them. They are encouraged and nudged towards exploring with a why not attitude that lets them learn much more than in a classroom and textbook setup," explained Ruupa Rao.



Noble institute of Education society

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Source : Anuhya summer camp

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