

Monica Bais, MD, an Internist with Hackensack Meridian Health Medical Group - Primary Care

Get to know Internist Dr. Monica Bais, who serves patients in West Long Branch, New Jersey.



New York City, Mar 13, 2020 (Issuewire.com) - Dr. Bais is a considerate board-certified internist who

is affiliated with Hackensack Meridian Health Medical Group - Primary Care in West Long Branch, New Jersey. Committed to helping her patients enjoy a healthier lifestyle, her areas of interest include diet, nutrition, exercise, and women's health.

Hackensack Meridian Health, a network of healthcare providers in New Jersey, has a goal to create one integrated network that changes how healthcare is delivered in New Jersey. From routine health examinations to same-day sick visits and managing chronic conditions, the team of professionals at Hackensack Meridian Health Medical Group - Primary Care provides high-quality care, treatment programs, and referrals to their expert specialists.

Professionally, Dr. Bais is also affiliated with Hackensack Meridian Health Bayshore Medical Center in Holmdel, New Jersey & Riverview Medical Center in Red Bank, New Jersey. Her patients have excellent things to say about her, one stating "Dr Bais was extremely professional while being also warm and caring about my concerns. She was very attentive to all the information I was presenting. I would not hesitate to recommend anyone to her. Great experience from meeting with the nurse for preliminary information to finalizing a treatment plan with Dr Bais. The office is extremely clean and the staff is well informed. Great!"

The doctor's acclaimed career in medicine began after she earned her medical degree from St. George's University School of Medicine. She then went on to complete her residency in internal medicine at Saint Barnabas Medical Center in Livingston, New Jersey.

An active member of the American College of Physicians and the American Heart Association, she is board-certified in internal medicine by the American Board of Internal Medicine, which is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Throughout her extensive educational and clinical background, Dr. Bais has been the recipient of various awards, including Geoffrey Bourne Scholarship (1990-1994), Excellence in Research and Scholarship Award, St. Barnabas Medical Center (1994), Outstanding Resident in Research Award, St. Barnabas Medical Center (1995), and Paul Harris Fellow, Rotary Club of Plainsboro (2006), among others.

In addition to English, she is fluent in Spanish and Hindi.

Learn More about Dr. Monica Bais:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1087259-Monica-Bais-Internist> or through Hackensack Meridian Health Medical Group, <https://www.hackensackmeridianhealth.org/hmhmg-doctor/1366413494/Bais/>

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