

Priyanka Raina now Directs a Psychological Thriller titled "NEHA" !!



Mumbai, Mar 18, 2020 (IssueWire.com) - Priyanka Raina who is known for making contented Short films such as **Zindagi** or **Love Lust Locha** which have Hit 45 Million on Social Digital Platforms, Now Kickstarts her next as Psychological Thriller. Confused, This time it's even more logical.

The word "Depression" is very common today, and I think everyone somewhere in their lives is dealing with it. It's a simpler way to come out of it just "Speakout" which dealing is not easy at all. To show this we present a Thrilling Love Story on Journey of a Girl "Neha", Directed by Priyanka Raina.

The story is totally Fictional to give the message that **Psychologist Urmi Chhopia** - Specialist in Psychology and CEO of The Mending Minds says, "No other science has the ability to flex itself to diversity as much as psychology does, as it is working with a different mind and heart each time. As a counseling psychologist and marriage and family therapist, I see a lot of different cases every day. Psychology and its practice cover every kind of issue or disorder. I have seen cases of depression, anxiety, PTSD, emotional and behavioral concerns, work-life balance concerns, couples

and family issues and many more."

"Going to consult a psychologist is not widely accepted in many cultures. The stigma of "Oh, are you mentally ill?!" or "I am not crazy" is still attached to the act of visiting a therapist. This film was made to try and break this taboo. Even though it is a work of fiction, the story is applicable to many individuals who due to fear of being teased or looked down do not visit a therapist and suffer in silence. I urge everyone who wishes to visit a psychologist voluntarily, to make that move. Pick up the phone as Neha did in the film and dial for help. It is not an act of shame. It is a step toward being healthier and loving yourself. Psychologist further adds

To know more on, you have wait to see **"NEHA - Psychological Thriller"**.

The movie features Shivam Kapoor, Nandini Shrivastava in lead roles and Produced by THE MENDING MINDS.

First Digital Poster of NEHA goes on Air on 20th March 2020



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