

## Get to know Obstetrician-Gynecologist / Maternal-Fetal Medicine Specialist Dr. Valeria M. Di Stefano

Valeria M. Di Stefano, MD, Obstetrician-Gynecologist and Maternal-Fetal Medicine Specialist with Maternal Fetal Medicine Neptune - Hackensack Meridian Health



**New York City, Apr 17, 2020 ([IssueWire.com](https://www.issuewire.com))** - Dr. Di Stefano is an obstetrician-gynecologist / maternal-fetal medicine specialist who is affiliated with Maternal-Fetal Medicine Neptune - Hackensack Meridian Health in Neptune City, New Jersey.

Hackensack Meridian Health is New Jersey's largest and most comprehensive and integrated health network. In addition to consultation, the physicians at Maternal-Fetal Medicine Neptune offer advanced diagnostics such as high-definition ultrasounds and genetic screenings to help pinpoint and prepare for any complications.

In her professional experience, Dr. Di Stefano is also affiliated with several medical centers in the local area, including Jersey Shore University Medical Center, Ocean Medical Center, Riverview Medical Center, Southern Ocean Medical Center, and Raritan Bay Medical Center - all of which are a part of the Hackensack Meridian Health network.

Before the start of her career, she received her medical degree from the Rosalind Franklin University of Medicine & Science in North Chicago, Illinois. Thereafter, she went on to complete her residency and her fellowship at Robert Wood Johnson University Hospital - Rutgers University in New Jersey.

The doctor is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define specialty standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women's health.

Obstetrics and gynecology (OB-GYN) is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). As an obstetrician-gynecologist, Dr. Di Stefano specializes in the diagnosis, treatment, and prevention of diseases and disorders that affect women, such as breast cancer, cervical cancer, and menopause. Additionally, she works with expecting mothers throughout their pregnancies, during childbirth, and into postpartum.

Maternal-fetal medicine (MFM) is a branch of medicine that focuses on managing health concerns of the mother and fetus prior to, during, and shortly after pregnancy. Maternal-fetal medicine specialists, like Dr. Di Stefano, are physicians who subspecialize within the field of obstetrics. For pregnant women with chronic health problems, MFM specialists work to keep them as healthy as possible while their bodies go through changes. They also care for women who face unexpected problems that develop during pregnancy such as early labor, bleeding or high blood pressure.

In addition to English, Dr. Di Stefano speaks Italian.

### **Learn More about Dr. Valeria M. Di Stefano:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2044690-Valeria-Di-stefano-ob-gyn-obstetrician-gynecologist-New-Brunswick-NJ-08901> or through Maternal Fetal Medicine Neptune - Hackensack Meridian Health, <https://www.hackensackmeridianhealth.org/hmhmg-doctor/1457614679/DiStefano/>

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