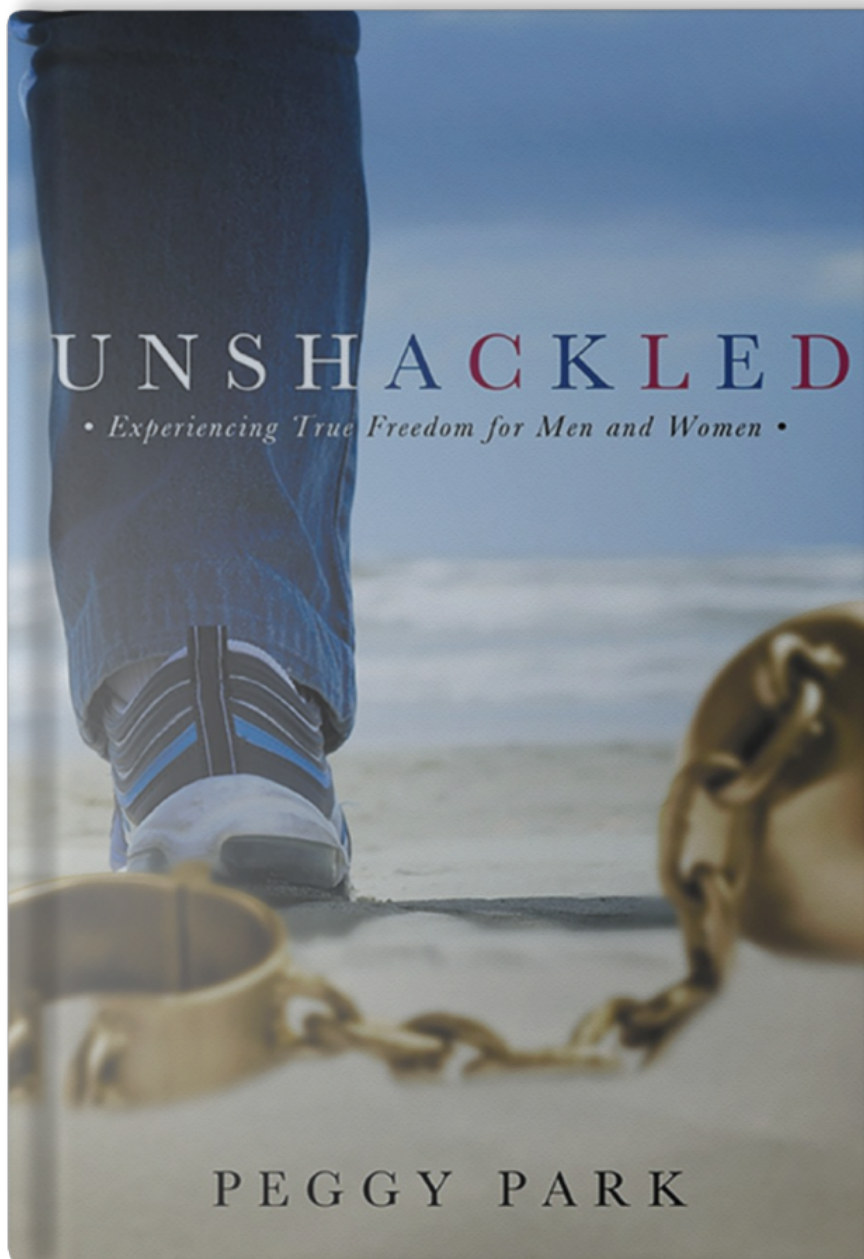


How do We Break Free from the Chains that Bind Us—Answer Revealed through Author's Book

An inspiring and helpful guide to achieve a transformational relationship with Jesus, which will lead to living a meaningful and purposeful life.



Lexington, May 15, 2020 (IssueWire.com) - [*Unshackled: Experiencing True Freedom for Men and Women*](#) is a saving grace for anyone who walks heavily because of the heavy chains that bind their feet. Whether we are bound by these manacles physically or psychologically, writer Peggy Park writes a guidebook to liberate her readers from the things that stop them from attaining peace.

“...Park has set forth in writing a Christian spiritual manifesto in many ways on par with the likes of Joyce Meyer—an inspirational writer quoted periodically by the author... there is much here which will inspire and deepen that spiritual awakening. It is quite obvious, too, that the author is a firm and dedicated believer, passionate about the many ways trusting one’s life to God can heal and glorify and leave behind any remnants of binding chains,” says Jonah Meyer of The US Review of Books.

Read the full review through this [link](#). To get the latest update on authors, like and follow Authors Press on Facebook, Instagram, and Twitter.

[**Unshackled: Experiencing True Freedom for Men and Women**](#)

Written by Peggy Park

Paperback | \$14.99

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Peggy was born on a cotton farm in Miss. After nursing school and marriage she moved to Lexington, Ky. when her husband joined the Lexington clinic as a physician. Peggy was a full time mom until her last child was in junior high at which time she returned to nursing. She spent nine years in part time bed side nursing at University of Kentucky Markey cancer center. She retired to have time to develop her discipleship writing.

She has six grandchildren who are a great joy to her. Only two live in the same town so her grandmother's journal has been very helpful in bridging the miles.

The Power of The Lamb's Blood, her first book has been translated into two languages. Her second book is Unshackled.

Peggy is the author of numerous published articles as well as the books The Power of the Lamb's Blood and Grandmother's Journal.

www.parkpraisepublications.com

Unshackled describes the pathway for breaking free of the chains that bind, beginning with a transformational relationship with Jesus and then embracing his instructions for living. The book includes true stories of people who have struggled and relates how they broke free, plus specific steps readers can take to experience the same freedom.

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