

## **Lucinda Arenas, MD, a Psychiatrist with Baptist Health South Florida**

Get to know Psychiatrist Dr. Lucinda Arenas, who serves patients in Miami, Florida.



**New York City, May 19, 2020 ([IssueWire.com](http://IssueWire.com))** - Physiatrist Dr. Arenas focuses on a patient's ability to function and can treat multiple conditions that affect the brain, nerves, spine, bones, muscles, joints, ligaments, and tendons. She is affiliated with Baptist Health South Florida.

Baptist Health South Florida is the largest not-for-profit health care organization in the region. It operates 10 hospitals, including Baptist Hospital, Baptist Children's Hospital, Bethesda Hospital East, Bethesda Hospital West, Doctors Hospital, Homestead Hospital, South Miami Hospital, West Kendall Baptist Hospital, Mariners Hospital, and Fishermen's Hospital. "The mission of Baptist Health is to improve the health and well-being of individuals, and to promote the sanctity and preservation of life, in the communities we serve." as stated on their website.

A 1992 graduate of Escuela Colombiana de Medicina, Dr. Arenas relocated to the United States to further her training. She completed her residency in pediatrics at Nicklaus Children's Hospital in 2006, followed by her residency in physical medicine & rehabilitation at the University of Miami School of Medicine in 2009.

One year later, in 2010, she earned board certification through the American Board of Physical Medicine and Rehabilitation, whose mission is to serve the public by improving the quality of patient care in physical medicine and rehabilitation.

With an unwavering commitment to her specialty, the doctor is a member of the American Academy of Physical Medicine and Rehabilitation. It is the national medical specialty society for physicians who specialize in physical medicine and rehabilitation.

Physical medicine and rehabilitation, also known as physiatry and physiatrics, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

In addition to English, Dr. Arenas speaks Spanish.

### **Learn More about Dr. Lucinda Arenas:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/565498-Lucinda-Arenas-Physiatrist-Physical-Medicine> or through Baptist Health South Florida, <https://doctors.baptisthealth.net/provider/Lucinda+Adriana+Arenas/869576>

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## **Media Contact**

Your Health Contact

clientservice@yourhealthcontact.com

Source : Lucinda Arenas, MD

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