

## Don A. Salyer, DC, a Chiropractor with Capital Chiropractic Center

Get to know Chiropractor Dr. Don A. Salyer, who serves patients in Austin, Texas.



**New York City, Jun 2, 2020 ([Issuewire.com](http://Issuewire.com))** - Top chiropractor & anti-aging specialist, Dr. Salyer, is the owner and operator of Capital Chiropractic Center with two offices in Austin, Texas. Tending to the needs of all people from infants to the elderly, he has served over 8000 people in his 25 years of work.

“Chiropractic care is an important aspect to your overall health, whether you are suffering from a minor affliction, or dealing with a life-long condition. As a holistic health-care approach, chiropractic care focuses on a whole-body approach to health. Problems like stress can affect multiple body systems, and other difficulties can affect more than one portion of your body. We do not focus on the site of the pain, but on your entire body” as stated on the practice’s website.

Patients who seek chiropractic treatment at Capital Chiropractic Center in Austin can be sure that they will experience the most modern and up-to-date chiropractic techniques available. Dr. Salyer's approach is to choose the best, natural healing techniques for each patient's unique situation and condition, including: neuropathic pain, sports injuries, auto accident injuries, anti-aging, stress, and more.

In addition to chiropractic techniques, the doctor can provide recommendations on specific nutritional supplements and suggest healthy food choices designed to bring the patient back to the pinnacle of health. He can also create an individualized set of chiropractic exercises designed specifically to address one's unique complaint.

As for his academic career, Dr. Salyer earned his Bachelor of Science (BS) degree from Missouri Southern State University in 1988. Years later, in 1993, he graduated with his Doctor of Chiropractic (DC) degree from Parker College of Chiropractic. That same year, he became a member of the Texas Chiropractic Association and remains active within the organization to this day.

Alongside his role at Capital Chiropractic Center, he serves as the Co-Founder of E3Lab, a premier healing supplement company (E3 = Effective, Efficient, and Effortless). All products are non-GMO, 100% vegan, as well as 100% plant derived and organic. "My team and I stand behind the fact that in this very toxic world full of disease and chronic pain, we chose to develop a line of products that did not mask an issue, but actually cleansed and detoxed the body. It is important that you understand that all toxins deposit in your fat tissues, therefore removing the toxic waste then your body can create a fat burning and healthy environment, in turn reducing body fat and chronic pain" as stated by Dr. Salyer.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

On a more personal note, Dr. Salyer is a world champion powerlifter and bodybuilder.

### **Learn More about Dr. Don A. Salyer:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3223440-Don-Salyer-Chiropractor> or through Capital Chiropractic Center, <https://chiropractor-austin.net/about-us>

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