

Dr. Eric J. Daniels, a Chiropractor with Align Chiropractic

Get to know Chiropractor Eric J. Daniels, DC, who serves patients in Cedar, Minnesota.



New York City, Jun 22, 2020 ([IssueWire.com](https://www.issuewire.com)) - Dr. Daniels, a licensed chiropractor, specializes in musculoskeletal conditions, sports injuries, extremities, personal injuries, and workers' compensation claims. His private practice, Align Chiropractic, is located in Cedar, Minnesota.

Over the years, Dr. Daniels has successfully treated patients of all ages with various types of spinal conditions ranging from headaches, neck pain, dizziness, mid and low back pain, to disc herniation, auto injuries, acid reflux, colic in infants, carpal tunnel, and various other physical conditions. Providing high quality, safe, and effective care is his mission, as is educating patients to make the most informed decisions when it comes to their health.

In 2009, Dr. Daniels graduated from Northwestern College of Chiropractic with his Doctor of Chiropractic (DC) degree. He also holds a degree in Psychology from the University of Minnesota, as well as a degree in Human Biology from Northwestern Health Sciences University.

Understanding the importance of providing and receiving high-quality personal health care, his primary focus is on manual adjustments. Moreover, he is experienced in the Activator Method Chiropractic Technique, which is a chiropractic treatment method and device created by Arlan Fuhr as an alternative to manual manipulation of the spine or extremity joints.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

On a more personal note, Dr. Daniels grew up in Coon Rapids and currently lives in Elk River. He and his wife, Jennifer, have three wonderful daughters - Elliot, Cora, and Aria. When he is not in the office, he enjoys golfing and spending quality time with his family and friends.

Learn More about Dr. Eric J. Daniels:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/850139-Eric-Daniels-Chiropractor> or through Align Chiropractic, http://www.alignchiromn.com/about_us.py

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