

Dr. Jared Worthington, D.C., a Chiropractic Physician with Cole Pain Therapy Group

Get to know Chiropractic Physician Dr. Jared Worthington, who serves patients in Memphis, Tennessee.



New York City, Jun 23, 2020 (Issuewire.com) - Recognized as a top chiropractic physician, Dr. Worthington specializes in neck, back, and extremity pain problems. He also loves showing people ways to strengthen their spine. At present, he is a part of the team at Cole Pain Therapy Group in Memphis, Tennessee.

Cole Pain Therapy Group has helped thousands of people eliminate pain and regain function since opening in 1982. Specializing in the diagnosis and conservative treatment of acute and chronic pain conditions, its mission is to provide quality chiropractic healthcare in a caring, family environment. The team of professionals working there are committed to serving each patient with optimal treatment, education, and personal concern, thereby supporting lifelong physical well-being.

“I’ve always known from a young age that I wanted to help people. Chiropractic gives me the platform to do so in a natural and side-effect free fashion. Each person is uniquely different and has the specific concerns that bring them in the door. I enjoy the time listening to them and proactively working together to achieve their goals while improving their activities of daily living. By taking this extra time, the patient acquires the highest quality of care, diagnosis, and customized treatment plan catered to them specifically.” expressed Dr. Worthington.

On the subject of his educational background, he holds a Bachelor of Science (BS) degree in Life Sciences from Logan University, a BS degree in Human Health and Performance from the University of Tennessee at Martin, and a Doctor of Chiropractic (DC) degree from Logan University - College of Chiropractic, where he now serves as an adjunct professor.

Specializing in chiropractic nutrition and weight management, the doctor holds certifications in cervical, thoracic, and lumbar rehabilitation techniques, spinal decompression therapy, extremity rehabilitation techniques, myofascial release techniques, and postural restoration techniques.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients’ health concerns, including neck pain and back pain. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

Learn More about Dr. Jared Worthington:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82682951-Jared-Worthington-Chiropractor> or through Cole Pain Therapy Group, <https://colepaintherapygroup.com/our-team-2/dr-jared-worthington/>

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Source : Dr. Jared Worthington, D.C.

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