

Bernardo J. Arias, MD, a Psychiatrist with Elite DNA Therapy Services

Get to know Psychiatrist Dr. Bernardo J. Arias, who serves patients in Port Charlotte, Florida.



New York City, Jul 7, 2020 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Arias is a trusted psychiatrist who provides therapeutic health services for adults and children that are high-quality, convenient, and affordable. He works at Elite DNA Therapy Services in Port Charlotte, Florida.

Elite DNA Therapy Services is one of the largest mental health providers in Southwest Florida. Although originally focusing on children, services have expanded to adults and families as well as substance abuse treatments. The goal of the practice is to help individuals and families manage psychological, emotional, and behavioral issues. The staff offer comprehensive services under one roof, including psychiatric evaluations, counseling, therapy services, and mental health services in Fort Myers, Cape Coral, Lehigh Acres, Naples, Port Charlotte, and Venice. They also provide specialized treatment for children with autism, including Applied Behavior Analysis and speech and occupational therapies.

Striving to help patients' build healthier and happier lives, Dr. Arias can also be found on staff at Bayfront Health Port Charlotte. It is a 254-bed Joint Commission accredited full-service hospital that is committed to caring for people throughout their cycle of life.

Back in the early days of his academic career, Dr. Arias received his medical degree from East Central University in the Dominican Republic in 1985. Upon relocating to the United States, he completed his residency in psychiatry at Boston Medical Center in 1992, followed by his fellowship in geriatric psychiatry at Jackson Memorial Hospital in 1994.

With over three decades of experience in his field, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

In honor of his clinical expertise, Dr. Arias has been recognized as a Castle Connolly Regional Top Doctor, and as a Top Doctor in Gulfshore Life Magazine (2011 - 2019). He is also the recipient of Compassionate Doctor Recognition (2016) and Patients' Choice Award (2016, 2017).

Learn More about Dr. Bernardo J. Arias:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82736861-Bernardo-Arias-Geriatric-Psychiatrist> or through Elite DNA Therapy Services, <https://elitedna.us/port-charlotte-mental-health-services/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians

and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Bernardo J. Arias, MD

[See on IssueWire](#)

