

Seema Kazi, MD, a Psychiatrist with Mid Cities Psychiatry

Get to know Psychiatrist Dr. Seema Kazi, who serves patients in Grapevine, Texas.



New York City, New York Nov 16, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Kazi, a well-versed Psychiatrist, has extensive training and expertise in psychopharmacology, psychotherapy, and mental health. She specializes in the treatment and therapy of depression, bipolar disorder, PTSD, schizophrenia, panic disorders, generalized anxiety disorder, substance abuse, and more.

As the Medical Director of Mid Cities Psychiatry in Grapevine, Texas, she believes in learning about

patients individually through time and compassion and solving their issues through an understanding of their life history and internal psyche.

“At Mid Cities Psychiatry, we are dedicated to providing the best mental health services across the state of Texas through medication management, counseling, and implementing innovative treatments. Our goal is to improve the quality of people’s lives” as stated on their website.

Continually learning and practicing adequate mental health knowledge, Dr. Kazi utilizes a comprehensive and individualized approach to mental health care. Trained to use holistic treatment, her goal is to improve psychiatric care for her patients, which may include the continuation, changes, and possible discontinuation of the medicine. She, along with her team, conducts psychiatric evaluations using on-site state-of-the-art technology providing results at the time of the patients’ visit.

A member of the American Association for Geriatric Psychiatry, the doctor is board certified in Psychiatry with added qualifications in Geriatric Psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to promoting high-quality patient care for the public through the initial and continuing certification of psychiatrists and neurologists.

Throughout her academic career, Dr. Kazi completed her dual-residency program in Internal Medicine and Psychiatry at the University of Connecticut in 1998 and continued on to complete her fellowship in Geriatric Psychiatry at New York University in 1999.

She has been in private practice for over 20 years, having served in various roles, including Medical Director of TelePsych Services at Asana Integrated Medical Group of CA, Medical Director of the Short-Term Care Unit at University Behavioral Health of Denton, Denton, Texas, Medical Director of Inpatient Services at Princeton House Behavioral System, Princeton, New Jersey, Chief of Staff at St. Barnabas Behavioral Health Center, Jackson, New Jersey, Staff Psychiatrist at Roger Williams Medical Center, Providence, Rhode Island, as well as a Proprietor and Provider in private practice.

In 2013, she moved from New Jersey to the greater DFW area to be near her family. She immediately opened Mid Cities Psychiatry and the practice has been growing ever since.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Seema Kazi:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1935616-Seema-Kazi-Psychiatrist> or through Mid Cities Psychiatry, <https://www.midcitiespsychiatry.com/doctor/dr-seema-kazi-md/>

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