

## **Sheila O. Jourdain, PMHNP-BC, a Psychiatric-Mental Health Nurse Practitioner with Lancaster General Hospital**

Get to know Psychiatric-Mental Health Nurse Practitioner Sheila O. Jourdain, who serves patients in Lancaster, Pennsylvania.



**New York City, Jul 17, 2020 ([IssueWire.com](http://IssueWire.com))** - Sheila is a board-certified psychiatric-mental health nurse practitioner who works at Lancaster General Hospital.

Lancaster General Hospital is a 590-bed not-for-profit hospital located in Lancaster, Pennsylvania. It holds Magnet designation for nursing excellence and has been recognized regionally and nationally for its clinical programs and patient safety. Inpatient specialty services include cardiology, orthopedics, pediatrics, a Level II Trauma Center, and critical care units for trauma neurological care and medical and surgical intensive care (ICU).

Throughout her academic career, Sheila earned her Bachelor of Science in Nursing (BSN) degree from Alvernia University in Reading, Pennsylvania. Years later, in 2019, she obtained her Master of Science in Nursing (MSN) degree from Maryville University in St. Louis, Missouri.

To advance her professional efforts, she remains a member of the American Psychiatric Nurses Association (APNA). The APNA is a professional association of psychiatric-mental health nurses, providing continuing education and a range of professional services to a membership of more than 9000 nurses.

Psychiatric nursing or mental health nursing is the appointed position of a nurse who specializes in mental health and cares for people of all ages experiencing mental illnesses or distress. In the United States, a psychiatric-mental health nurse practitioner (PMHNP) is an advanced practice registered nurse trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and patient care. They may also serve as consultants or as educators for families and staff.

### **Learn More about Sheila O. Jourdain:**

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4146227/info/>

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