

## **Anthony Del Angel, DC, a Chiropractor with Gonstead Family Chiropractic**

Get to know Chiropractor Dr. Anthony Del Angel, who serves patients in New Mexico.



**New York City, Sep 1, 2020 ([IssueWire.com](http://IssueWire.com))** - Chiropractor Dr. Del Angel specializes in preventing, diagnosing, and treating conditions associated with the neuromusculoskeletal system, while improving each patient's functionality and quality of life. His specialities include disc herniations, sports injuries, spinal stenosis, osteoarthritis, sciatica, headaches, pediatrics, as well as pre- and post-labor services.

He is the owner & operator of Gonstead Family Chiropractic with offices in Albuquerque and Rio Rancho, New Mexico. There, he provides safe, gentle, and specific "Gonstead" spinal adjustments, while educating patients regarding the detrimental effects of the spinal subluxation complex. He designs an individual care plan, and allows each patient to make an informed decision regarding their health.

As a former collegiate athlete and strength and conditioning coach, Dr. Del Angel loves focusing on sports medicine. He has designed programs to help collegiate athletes achieve maximum function in order to prevent injuries. He has successfully adapted those rehab programs for patients of varying athletic abilities at Gonstead Physical Medicine and combined them with the most advanced sports medicine techniques in the world to create treatment programs that achieve the best results that healthcare can provide.

On the subject of his educational background, Dr. Del Angel earned a Bachelor of Science degree at Ball State University as well as a Master of Science degree in Exercise Physiology from Auburn University. He then went on to graduate with his Doctor of Chiropractic degree from Palmer College of Chiropractic in Davenport, Iowa.

Holding certifications in OnBaseU and Driveline Coaching, he is the team chiropractor for the Albuquerque Isotopes baseball club (Colorado Rockies AAA organization) and New Mexico United soccer club.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

### **Learn More about Dr. Anthony Del Angel:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8132367-Anthony-Del-Angel-Chiropractor> or through Gonstead Family Chiropractic, <https://www.gonstead-nm.com/index.php?p=343476>

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