

Peter Wohl, DC, BCIM, a Chiropractor with The Spine and Health Center of New Jersey

Get to know Chiropractor Dr. Peter Wohl, who serves patients in New Jersey.



New York City, Aug 26, 2020 (Issuewire.com) - Top chiropractor, Dr. Wohl, is committed to providing all of his patients with chiropractic care at all levels. He is the Co-Founder of The Spine and Health Center of New Jersey, which is a leading chiropractic, physical therapy, and acupuncture clinic specializing in treatment for all of spine and muscular needs with offices in Montvale and Closter, New Jersey.

“At The Spine & Health Center of New Jersey, we coordinate and customize your total body care all in one place – saving you time and money – while providing the best possible care and attention in order to get you results that last. We believe that the body is designed to heal itself through corrective exercise and functional training. Our experts will train your body to perform at its most optimal state, and most importantly, pain-free” as stated on their website.

Outside of the clinic, Dr. Wohl is the Team Chiropractic Physician for the 2015 ACC Champion Clemson Track & Field teams. He has been honored to treat Olympians from the United States and Jamaica.

A New York native, Dr. Wohl received his Doctor of Chiropractic degree from Logan University and also attended Life University. During his years at the two universities, he studied under some of the foremost figures in the chiropractic profession today. He received education in extremity adjusting, neurological diagnosis and treatment, radiology, dynamic spinal analysis, and soft tissue techniques including Active Release Technique, Trigger Point Therapy, Myofascial Release, and Positional Release Therapy.

Likewise, he completed a rigorous postgraduate and continuing education course in Manipulation Under Anesthesia (MUA), which has had remarkable results for patients with conditions causing chronic pain and dysfunction. He also obtained certification in TPI, which allows him to assess and treat various types of golf injuries and swings, thereby helping his golfers reach their maximum athletic potential.

Board-certified in integrative medicine through the American Board of Integrative Medicine, Dr. Wohl is certified and specializes in Spine and Lower Extremity Active Release Technique (ART), Functional and Kinetic Treatment with Rehabilitation (FAKTR), Trigenics, and Selective Functional Movement Assessment (SFMA).

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain and back pain. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself without the use of medication or surgery.

For his commitment and excellence in chiropractic care and spinal disorders, Dr. Wohl is the recipient of several awards and honors, including: Breakthrough Coaching Elite Honors (2013), NJ Top Doc (2016, 2017, 2018), 201 Magazine's "Top Chiropractor" (2015, 2016), Top 10 Best Chiropractors by American Institute of Chiropractors (2015, 2016), and Winner of the Spectrum Award for Excellence in Customer Satisfaction (2016, 2017, 2018, 2019, 2020). An expert in his field, he has been heard on Sirius/XM sports talk shows, including Scott Ferrall and Ferrall on the Bench.

Learn More about Dr. Peter Wohl:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/437241-Peter-Wohl-Acupuncturist> or through The Spine and Health Center of New Jersey, <https://thespineandhealthcenter.com/about-us/>

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know how to make informed decisions for you and your family.

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Source : Peter Wohl, DC, BCIM

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