

## Renaissance ClubSport In Aliso Viejo Brings The Gym Experience Fully Outdoors

South Orange County's premier fitness resort which includes one of OC's largest gyms and 174-room hotel is excited to offer an elevated and expansive outdoor fitness experience with peace of mind for all club members and hotel guests



**Aliso Viejo, Aug 7, 2020 ([IssueWire.com](http://www.IssueWire.com))** - Serving Aliso Viejo, Laguna Beach and surrounding areas, Renaissance ClubSport has officially brought its popular indoor gym setup completely outdoors. In the wake of California's efforts to prioritize safety during the pandemic, ClubSport has created a solution for fitness enthusiasts, making their top-tier fitness destination available while most other gyms remain temporarily closed. Fitness equipment, classes, pool access and childcare are now all available daily for ClubSport members and hotel guests.

ClubSport quickly took the initiative to bring as much of their equipment and services to the outdoor areas surrounding the entire premises. Spanning from the lap pool clear around to the hotel entrance, members can take advantage of weights, strength machines, treadmills, spin bikes and other quality equipment moved from their premium indoor gym. Over 30 weekly instructor-guided group fitness classes including cycle, yoga, HIIT and barre are available for reservation daily and all held outdoors. All equipment is positioned throughout the property to adhere to physical distancing standards, making the best of the incredible aesthetics and shaded areas of the property. In addition, the bottom floor of the ClubSport parking structure, now nicknamed "The Garage", has been transformed into their strength

training zone.

To strictly follow both mandated and suggested protocols by the state, the ClubSport designated “Clean Team” is frequently cleaning all equipment before and after use and other common areas of the property. Parents will be thrilled to know their childcare facility is now moved outdoors, with a fully enclosed space and trained staff to keep kids safe and engaged in play activity. Also available to members and hotel guests, the ClubSport Spa (R Spa) is available for outdoor massage services and the Citrus Fresh Grill restaurant is open daily for to-go food and drink or for a sit-down restaurant experience outside.

Since opening in 2008, Renaissance ClubSport has been a privately held, California-based business that has become a premier destination for Orange County locals and business travelers alike. ClubSport was designed as a locally accessible, all-in-one gym experience with a resort aesthetic. It’s easily accessed from the 73 toll road and is a quick drive from exits off the 5 and 405 freeways. ClubSport is available to those with membership and to hotel guests during their stay. The club is open Monday-Friday from 5am to 8pm and Saturday-Sunday from 6am to 8pm. To take a peek at ClubSport Outdoors and for membership information please visit [www.clubsports.com/clubsport-outdoors](http://www.clubsports.com/clubsport-outdoors)

**Amenities currently available:**

Fitness including weights, cardio and strength training machines: outdoors

Hotel

Spa Retail

R Spa Massage Services: outdoors

Citrus Fresh Grill Restaurant: outdoor dining and to-go options

Restrooms

Kids World: outdoors

Group Fitness Classes: outdoors

Lap Swim: outdoors

Recreational & Family Swim including the exercise pool, kids wading pool, and pool deck with lounge chairs

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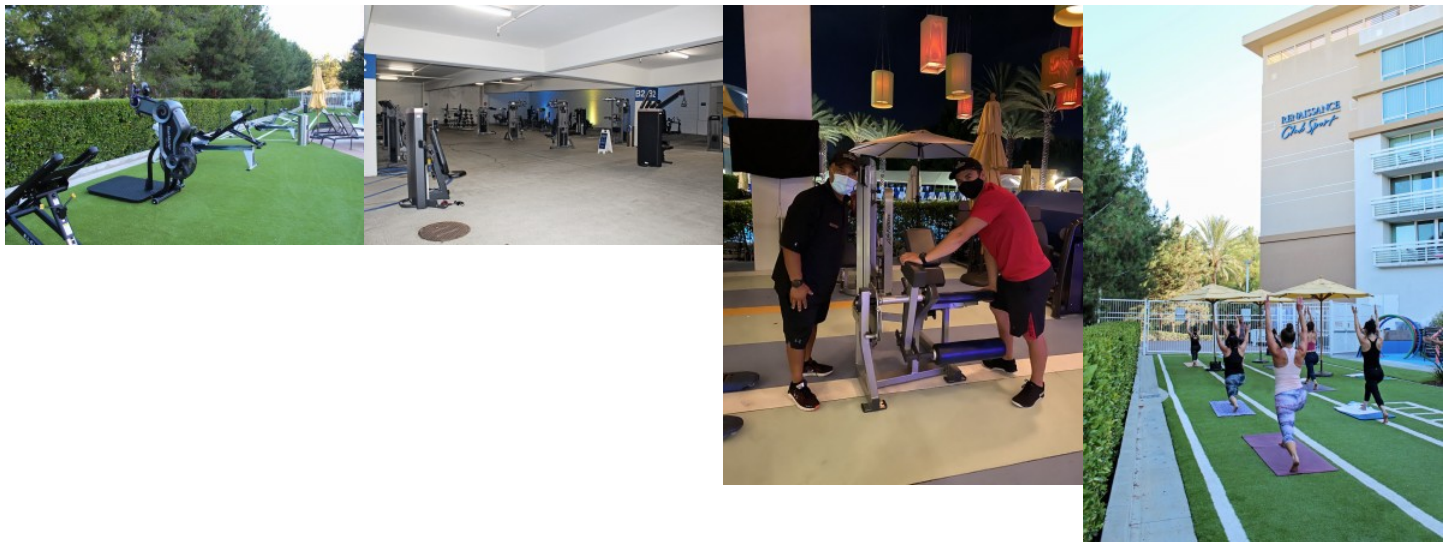
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### **About Renaissance ClubSport:**

ClubSport isn't just another fitness club - we are a fitness resort. One of the largest health clubs in Orange County, our studio-style classes include HIIT, yoga, group training, and more! Our state-of-the-art equipment, dedicated staff, and outstanding amenities provide a unique environment where members can enjoy fitness, relaxation, and recreation.



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Source : Bradley Public Relations / ClubSport

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