

## Ben J. Childers, MD, FACS, a Plastic Surgeon with Riverside Plastic Surgery Associates

Get to know Plastic Surgeon Dr. Ben J. Childers, who serves patients in Riverside, California.



**New York City, Sep 18, 2020 ([IssueWire.com](http://IssueWire.com))** - Serving the Inland Empire and beyond, Dr. Childers offers plastic and reconstructive surgery of the face, breast, body, and skin at his private practice, Riverside Plastic Surgery Associates. With more than 20 years of experience, 25,000+ procedures performed, and eight years of extensive training, he is a highly sought-after, award-winning plastic surgeon. Regardless of the type of procedure that he performs, he provides his patients with the same excellence, experience, and integrity.

Known for his outstanding results and lasting outcomes, one area of special interest to Dr. Childers is breast reconstruction after mastectomy. Being able to restore form, function, and confidence after cancer surgery is one of the greatest rewards for him. Likewise, he has a special interest in total body contouring procedures for patients who have experienced significant weight loss. These include body lifts and tummy tucks to enhance both a patient's body and self-esteem.

An all-around surgeon, Dr. Childers undertakes a number of plastic and reconstructive surgeries, including sub-specialties like hand surgery, microsurgery, and treats patients who have suffered from trauma and abnormal structures of the body. Some of his top surgeries are abdominoplasty, panniculectomy, breast augmentations, breast reductions, transgender breast reconstruction, and facelifts. He also does eyelid lifts and brow lifts and nonsurgical procedures like Juvéderm®, laser skin resurfacing, and chemical peels.

Starting off at Eastern Kentucky University, Dr. Childers earned his Bachelor of Arts degree in Chemistry, graduating Cum Laude. He spent a year at Harvard University in the Harvard Health Professions Program. He then went on to earn his medical degree from the University of Louisville School of Medicine.

At Beth Israel Hospital, he completed a one-year general surgery internship and then a three-year residency there. At Loma Linda University, he completed his two-year plastic surgery residency and became the Plastic Surgery Chief Resident. Afterwards, he fulfilled a one-year fellowship in hand and microsurgery at Beth Israel Deaconess Medical Center.

A Fellow of the American College of Surgeons (FACS), the doctor is a member of the American Society of Plastic Surgeons and the Southern California Chapter of the American College of Surgeons. He is also board-certified through the American Board of Plastic Surgery, whose mission is to promote safe, ethical, efficacious plastic surgery to the public by maintaining high standards for the education, examination, certification, and continuous certification of plastic surgeons as specialists and subspecialists.

Due to his high skill level, Dr. Childers has contributed to almost two dozen scholarly articles and book chapters, made more than 60 presentations around the country, and has published two books. He has also received sizable grants to continue his research.

In addition, he has held academic appointments and directorship positions at some of the foremost institutions in the country like Beth Israel Deaconess Medical Center, the University of California, Loma Linda University Medical Center, Premier Surgery Center, Riverside Community Hospital, and San Antonio Regional Hospital.

Always looking to educate patients, Dr. Childers recently published a "Guide to Breast Reconstruction After Mastectomy: What to Do After You Are Diagnosed," achieving best selling book status on Amazon.com. In his book, he discusses some of the considerations that women, who have been diagnosed with breast cancer, should think about, as well as some of the first steps they should take after they're diagnosed. Due to his passion for advanced research, he donates all of the proceeds from the sale of the book to breast cancer charities.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories - reconstructive surgery and cosmetic surgery. A plastic surgeon's primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done.

With a strong commitment to charity, Dr. Childers has performed the following service: Loma Linda University Medical Center Division of Plastic and Reconstructive Surgery Medical Outreach Program, Mexicali, Mexico, Volunteer Surgeon (November 1994); Loma Linda University Medical Center Division of Plastic and Reconstructive Surgery Medical Outreach Program, Monto Morales, Mexico, Volunteer Surgeon (June 1995); Donation of Horses to New Girls and Women Center for Equine Therapy (September 2012); Supporter of Claremont Club, Claremont, CA, Cancer Outreach Charity (2013-2015); Sponsor of National BRA Day USA, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation (2014); Sponsor for the Ovation School for the Performing Arts, Legacy (2015); and Sponsor of National BRA Day USA, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation (October 2015).

Voted a “Top Doctor” for several years, Dr. Childers has received the following honors throughout his career: Cambridge Who’s Who Honored Member, Registry of Executives and Professionals (2010-2011); National Institute of Medicine, Distinguished Consultant (2012); America’s Top Surgeons by the Consumers’ Research Council of America (2013-2014); Best Doctors, Inland Empire Magazine (2012-2014); Castle Connolly Top Doctor in Plastic Surgery (2014); America’s Top Breast Surgeons, “The Top Plastic Surgeons in America Dedicated to Achieving Flawless Breast Surgery Results for the Most Discriminating Patients” (2014-2015); “2014, 2015 Top 10 Aesthetic Doctors in America,” by Aesthetic Everything® (2015); Top Plastic Surgeon West; and American Institute of Plastic Surgeons, 10 Best Plastic Surgeon for Patient Satisfaction in California (2015).

### **Learn More about Dr. Ben J. Childers:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8136862-Ben-Childers-Plastic-Surgeon> or through Riverside Plastic Surgery Associates, <https://benchildersmd.com/dr-ben-childers>

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