

Fatima Manesh L.Ac, Ph.D, an Acupuncturist with Acupuncture & Alternative Health Center

Get to know Acupuncturist Dr. Fatima Manesh, who practices in Newport Beach, California.



New York City, Sep 15, 2020 (IssueWire.com) - Dr. Manesh is a licensed acupuncturist with a passion for healing and reducing pain, especially for those with life-threatening diseases, young or old. She sees patients at her private practice - Acupuncture & Alternative Health Center - located in Newport Beach, California.

Meeting life head on, she strives to increase the quality and purpose of her patients' lives through acupuncture and all relevant treatments to ease pain and suffering. She has also had the opportunity to treat patients with nutritional detoxification and herbal supplements. She integrates a form of muscle testing with Eastern theory to create a whole, well-rounded therapy. With this approach, she treats a variety of patients who have tried many different treatments and still have not felt their best.

Familiar with Qi Gong, Thai Chi, pain management, herbology, stress relief and emotional healing, Dr. Manesh is a certified laughter yoga leader, a certified mental health therapist, a certified physical therapy aide, a life energy specialist, and a cupping and moxibustion specialist.

Academically, she obtained her Bachelor of Science degree in Adolescent Psychology from the University of Gothenburg in Sweden, which accounts for constant joy and the ability to deal with the most 'unusual' patients and situations. She also holds a Master of Science in Acupuncture and Oriental Medicine from South Baylo University, and a Doctor of Philosophy in Oriental Medicine from American Liberty University (delivering her dissertation on the topic of breast cancer).

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

On a more personal note, Dr. Manesh is a wife and mother whose life was interrupted by stage 2 breast cancer in 2009. She survived and thrives. She redirected her life and work through the learning, practicing, and sharing of Traditional Chinese Medicine.

Learn More about Fatima Manesh:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2983315-Fatima-Manesh-Acupuncturist> or through Acupuncture & Alternative Health Center, <https://safa1822.wixsite.com/drmanesh/about>

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