

Nikhil N. Verma, MD, Orthopaedic Surgeon & Sports Medicine Specialist

Get to know Orthopaedic Surgeon & Sports Medicine Specialist Dr. Nikhil N. Verma, who serves patients throughout the State of Illinois.



New York City, Sep 22, 2020 (IssueWire.com) - Dr. Verma is a renowned orthopaedic surgeon & sports medicine specialist serving Westchester, Oakbrook, Hinsdale, and the Greater Chicago Area. Treating a wide range of sports injuries and joint related conditions, some of his specialties include

advanced arthroscopic reconstructive techniques for the shoulder, total shoulder replacement, elbow ligament reconstruction, cartilage reconstruction, and arthroscopic knee ligament reconstruction.

Voted by his peers as one of the “Best Doctors in America” every year since 2007, Dr. Verma ensures he provides unique, quality care to each patient. He maintains an active clinical practice, performing over 700 procedures per year.

Focused on results-oriented patient care, he and his team recognize that an injury impacts all aspects of a patient’s life. They take the time to thoroughly explain non-surgical and surgical treatment options as well as their possible outcomes so that each patient is empowered to make the best decision for his or her particular case. Regardless of the complexity of the injury, Dr. Verma strives to return all patients – from weekend warriors to professional athletes – back to their previous activity levels.

As the Chief of Sports Medicine, he supervises the clinical and basic science research that is conducted at Rush University Medical Center. His research interests include knee ligament reconstruction, shoulder rotator cuff repair, shoulder instability and labral repair, treatment of shoulder arthritis, and biologic therapies to augment healing.

In addition, he is the Fellowship Director and Professor at Rush University Medical Center; a Shoulder, Elbow and Knee Surgeon at Midwest Orthopaedics at Rush; the Head Team Physician for the Chicago White Sox; and a Team Physician for the Chicago Bulls.

A graduate of the Perelman School of Medicine of the University of Pennsylvania, Dr. Verma completed his residency in orthopaedic surgery at Rush-Presbyterian-St. Luke’s Medical Center. He then completed a fellowship in sports medicine and shoulder surgery at the Hospital for Special Surgery. While in New York, he served as an assistant team physician for the St. John’s University Athletic Department. He also received specialized training in the treatment of shoulder and elbow disorders in the overhead throwing athlete.

With an unwavering commitment to his specialty, he is board-certified in orthopaedic surgery and orthopaedic sports medicine by the American Board of Orthopaedic Surgery, an organization with the goal of establishing educational and professional standards for orthopaedic residents and surgeons as well as evaluating the qualifications and competence of orthopaedic surgeons.

Alongside his clinical practice, Dr. Verma is actively involved in orthopaedic research with interests in basic science, biomechanics, and clinical outcomes. He has received funding for his work from multiple companies within the orthopaedic industry.

The doctor has agreements regarding the development and licensing of certain sports medicine implants and instruments for which he receives payment from manufacturers. He also has consulting agreements with Smith and Nephew Endoscopy and ArthroSurface.

On the academic front, Dr. Verma serves as an Editorial Board Member of the Arthroscopy Journal and the Journal of Knee Surgery, and as a reviewer for multiple orthopedic journals. He is a member of the Herodicus Society, the Association of Bone and Joint Surgeons, the American Orthopaedic Society for Sports Medicine, the American Shoulder and Elbow Society, the Arthroscopy Association of North America, the Major League Baseball Team Physicians Association, and the American Academy of Orthopaedic Surgeons (Fellow).

Orthopaedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal

system. Orthopaedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Sports medicine is a branch of medicine that deals with physical fitness and the treatment and prevention of injuries related to sports and exercise. A sports medicine specialist is a physician with significant specialized training in both the treatment and prevention of illness and injury.

In light of his diverse accomplishments, Dr. Verma has authored numerous book chapters and multiple peer-reviewed manuscripts in major orthopaedic and sports medicine journals. He also routinely serves as teaching faculty for orthopaedic courses on advanced surgical technique and frequently serves as an invited speaker or guest surgeon for national and international orthopaedic sports medicine meetings.

An authority in his field, he has been the recipient of numerous awards and honors throughout his fruitful career, including Patients' Choice Award (2010, 2011, 2012, 2013, 2016) and Compassionate Doctor Recognition (2012, 2013, 2016).

Learn More about Dr. Nikhil N. Verma:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3516964-Nikhil-Verma-Orthopedist>, through his website, <https://sportssurgerychicago.com/dr-nikhil-verma-md-chicago-orthopedic-surgeon-sports-medicine-physician/>, through Rush University Medical Center, https://doctors.rush.edu/details/1126/nikhil-verma-orthopaedic_sports_medicine-orthopaedic_surgery-chicago-oak_brook-westchester-winfield or through Midwest Orthopaedics at Rush, <https://www.rushortho.com/doctors/nikhil-verma>

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