## **Unlock the Secrets Behind Mantra Vidya**



**Mumbai, Sep 22, 2020 (Issuewire.com)** - Rudra Universe Center for Spiritual Learning has announced an exciting Mantra Vidya online course beginning September 26th 2020, that will be available to all sincere spiritual seekers who desire to increase their personal power through mystical sound energies known to the ancient Maharishis.

Whether it is to fight the challenges posed by life or to create a stronger aura, these four online sessions conducted by <u>Gurushree Vidushii</u> will take you into a deep, mystical world of sounds that are capable of orienting the mind to near-perfect states such that the spirit can commence. The course will involve the sharing of ancient Mantra shastra principles and the method of practicing mantras in daily life. Deep mantric knowledge on the deities, the purpose, and the healing powers of mantras will be shared during these sessions. A wealth of information and insight will be imparted along with the techniques of using the same for deeper spiritual growth.

Identifying the mantras most suited to all individuals on a personal level along with an awareness of the combination of mantras with other spiritual tools will help the participants access their spiritual faculties and remove all psychospiritual blocks within themselves. The course will also focus on making everyone realize their mantras as per their own goals and expectations in life. All participants of the course will be encouraged to integrate the learnings from the course into building self-practices in order to orient themselves towards a more meaningful life.

Imagine learning about and applying the wisdom of the mystics to complete the mind, body, spirit connection. That is exactly what **Gurushree Vidushii**'s path of spiritual direction is about: leading all beings to unearth their own internal selves. In the process of learning with her, participants from an earlier online course called Antar Yatra have witnessed self-healing, reduction in mental and bodily

illness, and have experienced a deeper sense of connection with the universe.

Registrations for the **Mantra Vidya online course** are open and interested spiritual aspirants are welcome to register before the course commences. The duration of the course is 1.5 hours and timings are 3:00 to 4:30 pm IST on Saturdays. The eligibility criteria for the course is all individuals between the age of 20 and 60 years.

The registration link for the course is <a href="https://rudrauniverse.com/course/mantra-vidya/">https://rudrauniverse.com/course/mantra-vidya/</a>

## **About Rudra Universe: -**

Best center for the spiritual growth & inner sciences - Rudra Universe is a non-profit spiritual organization based in Mumbai, India. Founded by Gurushree Vidushii, The Center for Spiritual Living is a place where people come to find spiritual growth, inner strength & transformation through various Vedic spiritual practices.

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