

## Abby R. Clinton, PMHNP-BC, a Board-Certified Psychiatric-Mental Health Nurse Practitioner with Progressive Therapeutics

Get to know Board-Certified Psychiatric-Mental Health Nurse Practitioner, Abby R. Clinton, who serves patients in Framingham, Massachusetts.



**New York City, Nov 3, 2020 ([Issuewire.com](https://www.issuewire.com))** - Being a board-certified psychiatric-mental health nurse practitioner, Abby specializes in psychiatric-mental health care across the lifespan. She is currently serving children, adolescents, and adults as a Prescribing Clinician at Progressive Therapeutics LLC in Framingham, Massachusetts.

“Progressive Therapeutics strives to provide excellent psychiatric care to the Metrowest community and beyond. We are highly trained professionals committed to thorough, thoughtful delivery of medical expertise based on the latest research advances to patients and families experiencing psychiatric issues. As psychopharmacologists, we are able to focus on an ever widening area of research and development on the brain, its diseases and illness, and emotional functioning, dovetailing science and experience to benefit our patients” as stated on their website.

Academically, Abby attended the Bouvé College of Health Sciences at Northeastern University where she earned both her Master of Science in Nursing and her Bachelor of Science in Nursing degrees. She also attended the University of Massachusetts Amherst College of Natural Sciences where she received her Bachelor of Science in Psychology degree with a concentration in Neuroscience.

Committed to providing high quality holistic care to patients and their families, Abby has experience working as a registered nurse at McLean Hospital on an inpatient acute treatment unit with adults. Prior to this, she was employed as a mental health worker in an inpatient setting caring for children, adolescents and adults.

To advance her professional efforts, she remains a member of the American Psychiatric Nurses Association, which is a professional association of psychiatric-mental health nurses.

Psychiatric nursing or mental health nursing is the appointed position of a nurse who specializes in mental health and cares for people of all ages experiencing mental illnesses or distress. In the United States, a board-certified psychiatric-mental health nurse practitioner (PMHNP-BC) is an advanced practice registered nurse who holds board certification and is trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and patient care. They may also serve as consultants or as educators for families and staff.

On a more personal note, Abby lives in the Greater Boston area. When she is not helping her patients, she enjoys running, gardening, playing acoustic guitar, singing, and hiking. Her favorite place to vacation is in Aruba.

### **Learn More about Abby R. Clinton:**

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4146622/info/> or through Progressive Therapeutics LLC, <https://progressivetx.com/team/abby-r-clinton-pmhnp-bc/>

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