

Hamid Sabet, DC, QME, a Chiropractor with Sabet Chiropractic

Get to know Chiropractor Dr. Hamid Sabet, who serves patients in California.



New York City, Nov 5, 2020 (IssueWire.com) - Recognized as a dedicated chiropractor, Dr. Sabet serves Hemet and Lake Elsinore and the surrounding areas at Sabet Chiropractic. He and his team are committed to providing chiropractic solutions to address each patient's unique needs, whether they are searching for pain relief after an accident, experiencing an injury, suffering from a specific condition like chronic back pain or a spinal condition, or simply looking to improve their overall health.

Priding himself on providing quality care to patients of all ages, Dr. Sabet's specialties include auto accident injuries, work-related injuries, sports-related injuries, massage therapy, and nutritional therapy. His goals are to provide the highest quality of chiropractic information and to educate the patient of their medical condition, accommodate their needs, and provide a positive and satisfying experience.

The reason he chose to become a chiropractor is that his life was changed as a chiropractic patient when he was 21 years old and an active individual. Dr. Sabet was a marathon runner and in the swim team; however, he was constantly sick due to lung infection. "After numerous visits to doctors and trying out a number of antibiotics, I found myself one day in bed at the age of 21 when I should be in the pool practicing for my next competition or running, preparing for the next marathon and doing everything a normal 21 years old would do. Instead, I was in bed with a fever, headaches, and 7-8 bottles of pills, including an inhaler. I felt like an old man in a young person's body. I became severely depressed and disappointed."

Frustrated with his situation, Dr. Sabet decided to try out a chiropractor upon a family member's recommendation. During his visit, he was examined and his body was tested for different dietary and environmental stressors. It turned out that he was severely allergic to chlorine and other foods. He was given a regimen of foods to eat and not to eat as well as a number of different supplements. "My first visit after it was all said and done cost me close to \$400 which was a lot of money for a college student like myself. I put it on my credit card and at that point, I was committed to follow through. I followed the regiment and took my supplements for 8-9 months. After the third week, my infection was totally gone and I had never felt better. I started swimming again and my infection never came back. I was so inspired that I decided to become a chiropractor so I could help people live a powerful life and to inspire my patients to take control of their own health as I was once inspired."

Holding a Bachelor of Science degree in Chemistry from the University of California, Irvine, Dr. Sabet graduated with his Doctor of Chiropractic degree from Cleveland Chiropractic College in 2002.

Continuously expanding his knowledge, he has taken extra courses and exams to become a Qualified Medical Examiner (QME). He has also taken postgraduate courses in sports rehab to better serve his patients and the community.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Hamid Sabet:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2664090-Hamid-Sabet-Chiropractor> or through Sabet Chiropractic, <http://4yourspine.com/meet-the-doctor>

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